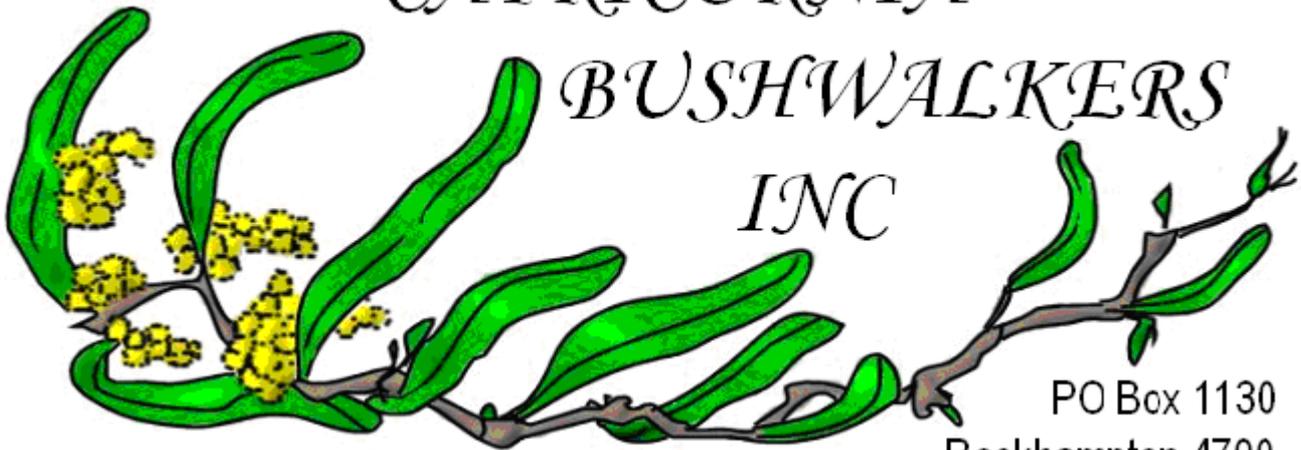


# CAPRICORNIA

## BUSHWALKERS

INC



PO Box 1130  
Rockhampton 4700

No: 117

### NEWSLETTER

November 2009

Day	Dates	Nominate By	Location/Purpose	Ad
Sunday	22/11/09		Introduction to Geocaching/Yeppoon	
Sat/Sunday	28-29/11/09		Xmas Campout at Belgamba	
Happy New Year	Everyone!		New Members Welcome 2010	
Sat-Tues	23-26/01/10	Closed	Australia Day W'End GKI	
Sunday	31/01/10		Emu Park to the Causeway	Y
Sunday	07/02/10		Yaamba Walk	Y
Saturday	13/02/10		Social: Pool Party	
Sunday	14/02/10		General meeting	
Sunday	21/02/10		Up a Creek, Maybe a peak!	
Sunday	28/02/10		Mystery Walk	Y
Sunday	07/03/10		The Badger	
Sunday	14/03/10		Long Island	Y
Sunday	21/03/10		Mt Atherton, Byfield	
Sunday	28/03/10		Girt Island	Y
Fri-Monday	02-05/04/10		Easter: Blackdown Ranges	
Sat-Sun	10-11/04/10		Figtree Campout	
Sunday	18/04/10		Cawarral Discovery Tour	Y
Fri-Mon	01-03/05/10		May Day Combined Campout	

Thank you to everyone who prefers to download the newsletter from the website as this method is resource efficient and environmentally friendly.

**President:** Mary Howard 49387467  
**Vice President:** Cindi Birch 49344120

**Secretary:** Cheryl Gargan 49387375  
**Treasurer:** Debbie Mylrae 49354029  
**Publicity Officer:** Margot Martin 49337156  
**Safety & Training:** Stephen Kerr 49361748

**Newsletter:** Coralie Francis [capbushwalkers@gmail.com](mailto:capbushwalkers@gmail.com)

**Committee Members** Bevan Titmarsh  
Dave Larkin  
Pauline Toop

**Social Committee** Fay McBryde  
Dot Svendsen  
Ros Nielsen  
Maxine Maunder  
Michelle Soppa

**Membership fees are due on the 1 January. You must be a member to be insured.**

## **President's Report AGM 2009**

I am privileged to present to you an overview of the Club's activities during the last year. We have had a busy calendar, so I will just mention some of the highlights.

Club membership has stayed fairly constant at 74 members, compared with 75 members at this time last year. We look forward to seeing some new faces this year

In September 2008 an adventurous group tackled a 21 day hike along the Larapinta Trail in central Australia. Participants were overawed by the majestic and rugged countryside. Our September week away this year will be to Carnarvon Gorge. We look forward with anticipation to this trip.

The 30<sup>th</sup> anniversary of our club was celebrated in November with a campout at "Belgamba", Ian Herbert's property near Mt Morgan. We walked to the top of St Mary's Falls, where the very first General Meeting of the Capricornia Bushwalkers was held in 1978. Current members gathered around, seated on the very same rocks that the original members had sat on, while Ian read out the very first minutes of the first meeting. It was a little surreal.

Easter 2009 saw us head to the Bunya Mountains, for what turned out to be a wet weekend. Undaunted, we walked anyway. The rainforest took on a magical appearance in the misty rain, and we all thoroughly enjoyed the weekend in spite of the weather.

Steve's First Aid Training day in April was a success, with some members aspiring to gain their Senior First Aid Certificate as a result. It is important that as many members as possible have some first aid knowledge.

Bundaberg hosted the Combined Clubs campout this year on the May Day weekend, at Mt Perry. The weekend was extremely well organised, and I am sure we all enjoyed the walks. Bundaberg have set a high standard for us to follow next May, when it will be our turn to host the Combined Clubs weekend.

In June a group of ten hikers set off to the Northern Territory. While this was not an official club walk, all walkers were members of our club. We walked the 60km Jatbula Trail from Katherine Gorge to Edith Falls. It was a 5 day through-walk with no support vehicles, and apart from a couple of most unfortunate accidents, was a very enjoyable and successful venture.

Christmas came early in July, as a good number of us dressed in our best Santa Claus gear and gathered at the Leagues Club for dinner. Congratulations to the Social Committee for arranging a fun night which was enjoyed by all in attendance.

I wish to thank our walk leaders, who are the most important members of our club. We could not walk without you, and your knowledge, organisation and leadership are very much appreciated by all of us. Thank you, Leaders.

This year two very important people are stepping aside from their roles, and I wish to thank them also. Pauline has been a meticulous and efficient Treasurer for the last three years. Darryl has done a highly commendable job as Editor of the newsletter. Thank you Pauline and Darryl for the time and effort you have put into these roles, it is very much appreciated. Thank you.

I would also like to thank our ongoing secretary, Cheryl, who is also extremely hard-working and efficient. Cheryl keeps the club functioning like a well-oiled machine, and is a fountain of knowledge on club history and rules. Thanks Cheryl.

Finally, I want to say a big "thank you" to all our club members, as without you our club would not exist. Thank you all.....**Mary Howard.....President**

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**From the Editor:**

- ☉ **The Capricorn Bushwalkers Inc. newsletter has kindly been printed free of charge by the office of Kirsten Livermore MP – Capricornia. We are grateful for this service and hope her patronage will continue.**
  
- ☉ **NOTE:** The newsletter sent by email is a condensed version of what is available on the Club's Website. It has the pictures, and any other information, that is available on the Club's Website removed, to keep the size of the file as small as possible. This makes it easier for members with dial-up to receive the walks schedule more quickly. The **club's website** has information for beginners, a walks calendar, walk photos, information and forms for leaders, list of previous walks, club rules, newsletters, membership form, risk waver form, incident (accident) form and other relevant information. Follow the links. <http://www.cqbushwalkers.110mb.com>
  
- **Risk Waiver Form: Every member participating in club activities must have submitted to the Treasurer, a completed, signed and witnessed Risk Waiver Form.**
  
- ☉ Please send **trip reports**, or other interesting notes for the next newsletter to [capbushwalkers@gmail.com](mailto:capbushwalkers@gmail.com), as an attachment. If you do not have email access, please post trip reports to **The Editor, C/ Capricornia Bushwalkers INC, PO Box 1130, Rockhampton 4700**, or contact the editor directly. If possible, use Microsoft Word to write the articles and improve the appearance by using **Insert** to include pictures **From File**. Compress the size of the pictures by: **Right click** on a picture in article; choose **Format Picture**; click on the **Compress** button; Select **All Pictures in Document**; and change Resolution to **Print**. Click on **OK, OK**. This makes the file easier to Email.
- ☉ **Leaders' Reports** which should go to the PO Box for our Records Officer.
- ☉ Remember, we have **thankyou cards** available for walk leaders to use as they feel appropriate-access to land or appreciation for other assistance. Contact the Secretary if you need one for your walk.
- ☉ **Photos:** We are always looking for photos to post on the club's website. They may be sent to the Gmail address above.
- ☉ **Organise walks** by going to the club's website and either download "Proposed Walk Details" form or obtain one from the Secretary, complete, and either email it to the Editor or take it to the next General Meeting for approval. **Email is the preferred option.**
- ☉ **Contributions to the Newsletter** cut off date is **one week** after each planning meeting.

**WALK LEGEND**

**TYPE OF WALK**

<b>D/W</b> Day Walk	<b>T/W</b> Through Walk or Car Shuttle required	<b>O/N</b> Overnighter
<b>H/W</b> Half-day Walk	<b>4WD</b> Access by 4WD only	<b>X/T</b> Extended Trip
<b>B/C</b> Base Camp	<b>N/F</b> No Facilities-no water, showers, or toilets	<b>TRN</b> Training
		<b>SOC</b> Social

**WALK GRADING**

<b>Fitness Level</b>	<b>Distance</b>	<b>Terrain (Select 2 or 3)</b>
<b>E</b> Easy. Suitable for beginners	<b>A</b> Less than 5 km	<b>1</b> Trail/Graded Track
<b>M</b> Moderate. Reasonable fitness required	<b>B</b> 5 to 10 km	<b>2</b> Off-track/Cross-country
<b>H</b> Hard. Fit walkers only	<b>C</b> 10 to 15 km	<b>3</b> Not pre-walked
	<b>L</b> 15 to 20 km	<b>4</b> Minor scrub
	<b>X</b> Over 20 km	<b>5</b> Medium or Heavy Vegetation
		<b>6</b> Creeks/Rock Hopping
		<b>7</b> Steep Scrambles

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## PROGRAM DETAILS

Closing date for nominations is normally at least **5 days** prior to the walk or social event. If you require transport it is important to nominate well in advance. If travelling with someone else, it is courteous to pay your share of travel costs. Some walks may have a limit on numbers and preference is given to members. **Organisers for Socials need advance nominations as well!**

**NOTE: Distances shown are only approximate return totals. As determined at the General Meeting (October 2008), passengers sharing transport are asked to contribute 10cents/km towards the cost of the journey.**

### WALK DETAILS 2009

**Date** 28-29 November  
**Type** O/N, SOC, E, A, 1  
**Description** Sat/Sun Xmas campout at Belgamba. Camp over, or come just for the evening or the Sunday. Join your fellow bushwalkers for celebrations in the bush. Short morning walk to Donny's Lookout on Sunday morning. Come along and enjoy this final event for 2009. Santa may even arrive! Dress up in your for a bush Christmas in your finery. Bring a small gift to put under the gum tree.

**Location:** Belgamba  
**Contact:** Ian Herbert 49381818  
**Alt/s:**

### WALK DETAILS 2010

**Date** Australia Day Long Weekend  
23-26 January 2010  
**Type** B/C, SOC, E/M  
**Description** The club will be staying at Svendsen's Eco Resort this January. This promises to be a new and adventurous approach to the Australia Day weekend with a variety of activities proposed by Lyndie.

**Location:** Great Keppel Island  
**Contact:** Cheryl 4938 7375  
**Alt/s:** Nominations Closed: GKI FULL

**Date:** 31/01/10  
**Type:** H/W,C,E,2  
**Description:** A very pleasant afternoon beach walk along the foreshores of Emu Park to the Causeway with the option of an early dinner of fish and chips!

**Location:** Emu Park to the Causeway  
**Contact:** Cheryl 49387375  
**Alt/s:**

**Date:** 7/02/10  
**Type:** H/W, E, B, 2,3,4  
**Description:** Enjoy lunch and an easy walk along the banks of the Fitzroy River amongst the paperbark trees. Look for semi-precious stones, birds and other wildlife.

**Location:** Yaamba Approx 58km  
**Contact:** Darryl 4926 1160  
**Alt/s:** 50m

**Date:** 13/02/10  
**Type:** SOC  
**Description:** Swim and Dinner. BYO drinks and platter to share. ~Valentines Day Theme~

**Location:** Social: Pool Party  
**Contact:** Ros 49287406  
**Alt/s:**

**Date:** 14/02/10  
**Type:** GENERAL MEETING  
**Description:** Come along and have your say on club issues and events. Planning for the next walks calendar will be finalised so your proposals will be welcome.

**Location:** Environment Centre  
**Contact:** Mary Howard 49387467  
**Alt/s:**

**Date:** 21/02/10  
**Type:** D/W,M,A,2,3,4,6  
**Description:** Walk through rainforest up a stony creek, in search of a nearby peak. Not pre-walked, so be prepared for some exploring.

**Location:** Byfield  
70km one way  
**Contact:** Pauline 49261131  
**Alt/s:** 200m

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**Date:** 28/02/10 **Location:** Mystery Walk  
**Type:** D/W,E,C,4 **Alt/s:** **Contact:** Bevan 49227482  
**Description:** All Welcome. Bevan will lead us on this first mystery walk for the year, a good walk for introduction to bushwalking.

**Date:** 07/03/10 **Location:** Mt Badger  
Approx drive: 30kms  
**Type:** D/W,M,C,2,4,5,6 **Alt/s:** 525m **Contact:** Mary Howard 49387467  
**Description:** Walk from New Zealand gully up and around the ridges in circuit past Mt. Stanish and down a spur to return to cars.

**Date:** 14/03/10 **Location:** Long Island  
**Type:** H/W, E,B,1 **Alt/s:** **Contact:** June 49226042  
**Description:** On Rockhampton's doorstep at Alton Downs, this small oasis is well worth exploring for both interesting flora and fauna.

**Date:** 21/03/10 **Location:** Mt Atherton, Byfield  
**Type:** D/W,H,C,2,5,7 **Alt/s:** 452m **Contact:** Cheryl 49387375  
**Description:** An energetic walk/climb for fit walkers only. Enjoy marvellous views of the Byfield region from the summit.

**Date:** 28/03/10 **Location:** Girt Island  
**Type:** H/W, E,A,2 **Alt/s:** **Contact:** Cheryl 49387375  
**Description:** This ever popular walk out to Girt Island off Keppel Sands has been put on the calendar again especially for those who missed out due to the fires in late 2009 when many people missed out.

**Date:** **EASTER** 01-04/04/10 **Location:** Blackdown Ranges  
**Type:** T/W O/N,M,B,6 **Alt/s:** **Contact:** Glyn 49275972  
Phone Glyn for details  
**Description:** A through walk to Numma falls at Blackdown Tablelands, mostly creek walking and open country. Two nights camping at the large pool will mean the second day will require a smaller pack. First day, walking down Numma Creek to large pool and camping there for two nights. Second day exploring section of creek from large pool to Numma Falls. Plenty of time for relaxing and swims. Third day, we will leave large pool and walk back up Numma Creeek to cars. People will need to pay camp fees to National Parks for the two nights camping.

**Date:** 10-11/04/10 **Location:** Figtree, Etna Creek  
30km return  
**Type:** O/N SOC E,B,4 **Alt/s:** **Contact:** Graeme 49282942  
**Description:** Camp over and damper cooking social get together. BYO

**Date:** 18/04/10 **Location:** Cawarral  
**Type:** E,C,1,4 **Alt/s:** **Contact:** Coralie 49391669  
0408764589 (Text)  
**Description:** Discovery walk beginning and ending in Cawarral. Easy walking along tracks of including a section of the `rail trail` and through bush areas of interest.

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# WALK REPORTS

## JATBULA TRAIL 17 – 22 JUNE 2009

Ten enthusiastic hikers gathered in Darwin eager to set out on the Jatbula Trail, approximately 60 kms of walking track between Katherine Gorge and Edith Falls in the Northern Territory. We met up with Carol and George Reeman, who had volunteered to drive us to Katherine in our hired minibus for the start of our adventure. With the bus groaning at the seams and packs stacked in the aisles, we set off.

Tuesday 16<sup>th</sup> June was spent exploring some of the trails around the Nitmiluk Centre, Katherine Gorge. People were swimming and kayaking in the Gorge – right next to a large crocodile trap! (Our group did not venture into the water). The scenery was spectacular.



On Wednesday 17<sup>th</sup> June we hit the trail, our packs weighed approximately 20kg each as they contained our tents, food for five days, cooking gear, clothes and essentials for our hike. By smoko Michelle had decided her pack was too heavy and started sharing out her rations. We encountered some very interesting country with unusual rock formations, long-grassed flood plains, heavily wooded areas and wide open spaces. We saw aboriginal rock art and experienced the pocket of tropical rainforest hidden in the Amphitheatre. Each night we camped beside a

pristine stream, always with waterfalls and swimming holes nearby. It was safe to swim in these pools along the Trail, as it was too high up on the escarpment for crocodiles. At Biddlecombe Cascades we skylarked in the rapids. This was great fun – especially for those among us who do not swim well.



As we were leaving Biddlecombe Cascades on Day 2, we had to cross a slippery, rocky, flowing creek. Unfortunately Cindi slipped on the rocks and injured her ankle. Nurse Margo bandaged it up for her and Cindi, thinking it was only a sprain, limped along on it for another eight to ten kilometres, before the decision was made to call the Rangers. A very nice ranger called Tony turned up with a stretcher and took her away to Katherine hospital, where they discovered that her ankle was in fact broken.

The next couple of days found us peering between the anthills for signs of buffalo, as we had been told by the rangers that two were roaming the park. One was friendly and the other apparently aggressive. We named them Billy and Barry and constantly kept our eyes open, not only for them but for a suitable tree to shimmy up if necessary. Not too many suitable trees around...



We became even more nervous when we spotted huge hoof prints along the track in front of us, looking very fresh. They seemed to overlay all other prints on the track. Every so often we would cross a creek over a log and think “Barry won’t have crossed here”, but lo and behold, there his tracks would be in the mud up the other bank.

As we approached Sandycamp Waterhole on the afternoon of day four, we crossed another stream flowing swiftly over rocks. Margo unfortunately slipped and fell heavily at this

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crossing, breaking her pelvis in two places. For the second time in as many days, we called the Rangers. (Thankful for the satellite phone we had hired in Darwin). They sent a helicopter.



The helicopter pilot circled and circled, looking for a suitable landing area. There were none nearby. Eventually he chose a clearing about 500 metres away, across the creek and over a stretch of rocky, rugged scrub country from where Margo lay groaning in the sand by the water. The chopper was so small that there was no room for a stretcher, so we improvised with a sleeping bag. The pilot, ranger and paramedic all helped us carry our patient to the chopper, which rushed her off to Katherine Hospital, trying to beat the fast sinking sun. They made it in with ten minutes to spare before they would not have been able to fly for lack of light.

It's a shame that Margo and Cindi missed out on Sandycamp, as it was my favourite place on the whole track. The camping area was deep sand in the shade of trees and palms – just glorious. From then on we were all extremely cautious when crossing streams for the rest of the trek, and eventually made it safely into Edith Falls where the first place we headed to was the kiosk for ice-cream.

At a de-briefing with the ranger, we were told that the group ahead of us had indeed encountered a buffalo, which put them up the trees. (I'm glad they could find some that they could climb).

What an eventful trek. In spite of the unfortunate accidents, we managed to enjoy our adventures along the Jatbula Trail and, with a couple of notable exceptions, were all very glad we went. A big "Thanks" to Cheryl for organising the trip and to Carol and George for being our drivers. I would also like to thank Cheryl's son Crispin, who allowed us to camp in his backyard on the first night, and took us on a scenic tour of Darwin next day. *Mary Howard*



By Cheryl Gargan Illustration by Margo Martin

### **Barry the Buffalo.**

Barry the buffalo was somewhere ahead  
Barry the buffalo can get cranky, they said.  
If you see Barry, just stand very still.....  
Then tiptoe back quietly.....we will, yes, we will!  
But if Barry does see you, then climb up a tree  
Get high in the branches, he'll get bored, you'll see.

Now all the trees that we saw, all stood very tall  
Nothing to climb on, nothing at all.  
There wasn't a branch that was low to the ground  
Not a log, not a rock, nor an ant mound.  
We could shimmy and shake a few feet or more  
But climb to the top? Never, I'm sure.  
Walking along that wet, soggy track  
I know I felt Barry's eyes on my back.  
I imagined his horns, so sharp and so wide  
Attacking and tearing my soft, pinkish hide.  
"Let's form a circle – all facing in -  
We'll give him our backpacks to jostle and pin."  
If that doesn't work? We can hope, we can pray  
That Barry the buffalo isn't cranky today!

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## **Byfield: Up a creek and maybe a peak - 26 July**

Hidden Creek remains well hidden for now! Aptly named by our fearless leader, Pauline, this creek first caught her attention on an earlier descent through this area. She felt that a return trip to further explore up the creek would also result in wonderful views of surrounding Byfield and coastal region.

So, it was with this in mind that we set out on a grey and drizzly morning heading towards Upper Stony Creek Rd. From there we would take a forest track and locate the start of Hidden Creek. Despite the looming dark clouds and light rain threatening to spoil our day, 10 of us started up the creek, undaunted by the weather and clad in a varying collection of ponchos and other wet weather gear.

The creek had a very gradual elevation but it soon proved to be a rather energetic walk with considerable care needing to be taken on the wet, slippery rocks. GPS points and maps were consulted often to ensure that we were continuing up the right creek but despite this, it became obvious that the choices were many as tributaries sprang up all over the place. Not only did we have forks in the creek but on one occasion we had a choice of a three-way. Which one to take? We soldiered on, coming across a very large but sedentary python spread across the path. Mr Python was too cold to go anywhere so we quietly stepped around this marvel of camouflage without disturbing him too much.

A short outbreak of anarchy saw the group settle down for a belated smoko. We were a damp and sorry looking lot by then. Our leader determined that we were indeed in the wrong creek after all and wondered whether the weather made it a sensible decision to continue on much further.

Group consensus saw us soon heading back down the creek. As usual, the descent seemed to take less time and to cover friendlier terrain and we all arrived back at the vehicles a trifle soggy but somewhat invigorated by the walk. Pauline's Hidden Creek remains a challenge for the future –

On a bright and sunny day, hopefully.

*Cheryl Gargan*

## **Mount Ganter 2 August**

Mt Ganter has some historical significance with our family, as one of my ancestors married a Ganter, one of the first settlers of the Byfield area. I spent a restless night worried about the number of participants and some sections of the challenge ahead of us and after only three hours sleep, dressed, had a bite to eat, collected the recharged electronic equipment and headed off to meet the others. The Rocky crowd (Alan, Adele, Pauline, Ros, Merridy and I) quickly hopped into our allocated vehicles and drove off for the Stony Creek camping area. After the beach mob arrived (Cheryl, Mary, Dave, Kathy, Deborah, Ron, John and Barbara), I took the opportunity to remind everyone that the latest BWQ Incidents Report and Guidelines were on the website and what to do if they needed to see a doctor as a result of the walk.



My talk failed to scare anyone off and most of us cheerfully walked off at 8:20am for the summit by one of the harder, but interesting routes. We soon left Stony Creek road (0.4km) to commence the “hard part” (1km) which was the climb up to and along the ridge through the undergrowth. Higher up, our progress improved when we were fortunate enough to stumble on, and follow the brown patches of wallaby- trampled undergrowth.

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The rock face quickly came into view and after skirting it close to the left we stopped on top to catch our breaths. From here, the animal pads along the ridge at 320° made for good progress with the welcomed stop to take pictures of, and speculate about the peak occasionally visible through the dense foliage.

We had a short break amongst the large trees on the hill, and then turned to face our challenge, walking down the slope to find the start of the 240° saddle and the remaining 2.07km to the top. When checked later on Google Earth, this was approximately at 265° from where we stopped on the hill. It was close to 10:00am by the time we found it, and after me being reminded that some of us like to eat and have a cuppa, we stopped for morning tea.



Soon after moving off, the jovial mood had sobered as the effort started to take its toll. We pressed on, along the ridge, and stopped again for a short break at the bottom of a rock face before walking up to the right and tackling the “difficult part”. Above the rocky outcrop, the stringy bark tree that I used as a marker two years previously still showed where I rubbed the bark.

From here, the ridgeline narrows, often blocked by exposed rocky outcrops, forcing us to pick a path around or under them. From the top of one large

rock, the orange and red flowers of the Grevillea with the white fluff-like flowers of Wattle provided a stunning foreground for the mountain.

On reaching Helen’s Hide, I was able to let everyone know, it was about ¾ hour to the summit. We quickly pushed on, and shortly after, three decided to remain for us to pick up on our return journey. It was about 12:50pm when we arrived at the summit in time to see a Wedge Tailed Eagle riding the air currents just above us. While we had lunch, and admired the view, I was given a rare chance to observe Dave indulge himself in his sadistic hobby.

We left the 360° views that the summit offered at 1:20pm for the start of the “tricky bit”, and headed back down the same ridge that we had followed to the top. Despite 11 of us making a trail to the top, it was difficult in sections, and I was very appreciative when John, (one of our more experienced members), took the lead, to let me concentrate on fighting my leg cramps with stretching exercises and Staminade. I was not the only one experiencing problems, Adele’s Rosco boots decided they had enough of Mt Ganter and it was time to part. Both were quickly repaired by wrapping in Ron’s duct tape. We soon collected the others from Helen’s Hide, and pressed on down the ridge to one of the lower saddles (1.01km from Summit).

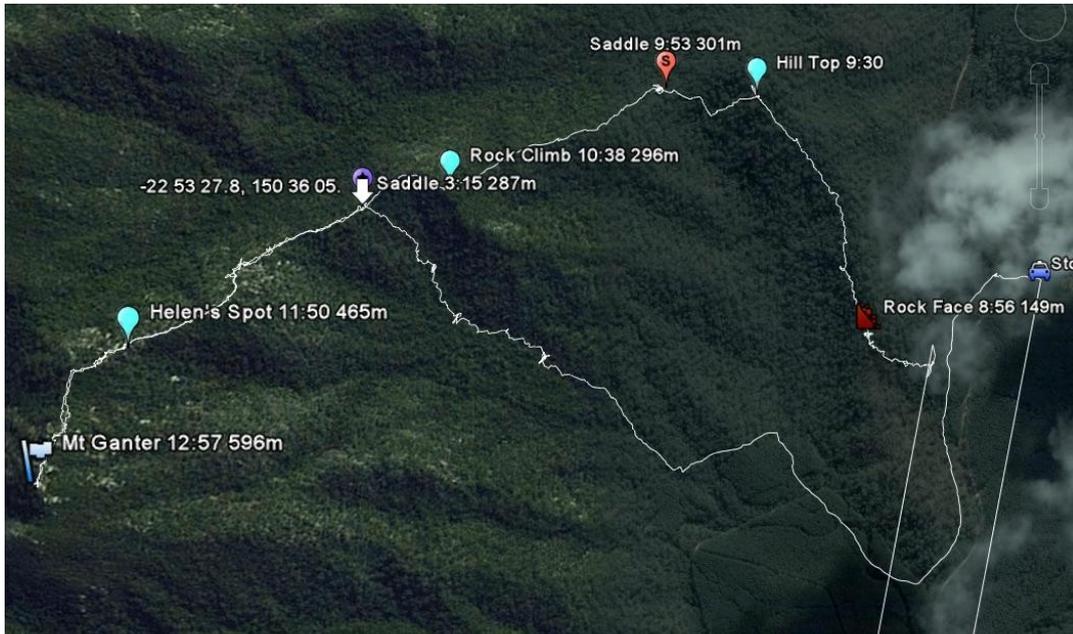


While we rested, Barbara was presented with her Life Membership for service to the club. The hardest tasks within our club are that of the Secretary and Treasurer, and anyone who takes on either of these roles for as long as Barbara has, deserves the award as compensation for putting up with the rest of us!

Around 3:20pm we commenced the “easy bit” (3km back to cars). We initially forced our way down the face of the saddle at 106°, through the thick undergrowth, to meet the creek a couple of hundred meters below. Here,

my legs become entangled in the thick undergrowth, and when I lifted one to step free of a vine, both legs cramped and I took a tumble. Fortunately, by the time we reached the creek, the extra teaspoons of Staminade seemed to take effect and I was able to enjoy a pleasant, easy walk down this wide but gloomy creek.

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Just before the creek narrowed and logs blocked our progress, we left the creek to follow the spur on the left. Shortly, the pine forest became visible through the native canopy and we found the fire trail which we followed back to the road. Here we spread out to saunter back to the cars, where we arrived about 5:00pm. All

up, the walk was around 7.5km long and took about 8 ½ hours.

Sadly, what I thought was the ankle strapping folding inside my shoe and making me uncomfortable, turned out to be a hole in the sole of one of my “precious” KT26’s that I have worn on most of my walks for the past two and a bit years. Girraween National Park, Cradle Mountain, Walls of Jerusalem, ...aahhh such good memories...Fortunately, the venetian blind cord that I use for the shoelaces are undamaged.

Thank you to everyone on the walk, despite the stress I felt, your positive attitude, support, encouragement and safe return, made this walk one of the most memorable for me. You are all welcome next time and we will all be more aware of what it takes to make it to one of the best views in Byfield. I removed two ticks; Chris removed five embedded at my belt line and one from my scalp. On hatching, they usually climb up plants and attach themselves to the first warm-blooded animal that passes, but as others further back in the line had some as well; we may need to be more selective in where we have our breaks. *Darryl Wright*

### **Tennis Day 9 August.**

14 bushwalkers joined members of the Woodbury Tennis Club members for a fun day of tennis and some serious eating. A great spread was put on by the tennis club. Our very own Darryl Wright partnered with Michelle Soppa to win the inaugural Mary Soppa Memorial Trophy. Stewart, Dot and Julie gave them some strong competition.

### **Girt Island 18 October.**

A low tide and sandbar provides the opportunity to walk to Girt Island. I had previously missed the island walks and was excited at the chance to explore the Keppel Sands coastal environment. With Cheryl at the helm we set a quick pace, conscious of the tide. The light, colours, textures of the sand and water were amazing as we waded ankle deep across the corrugated sands. Time to sit briefly on the island, chat while having afternoon tea and observe an Osprey in its nest. Dave checked his Geocaching possibilities and then we turned to walk into the setting sun coloured by the Rocky fires. *Coralie*

**Membership fees are due on the 1 January. You must be a member to be insured.**

**MEMBERSHIP RISK WAIVER** This waiver is incorporated in the Club's Membership Application & **MUST be completed and signed. Existing members should already have their copy on file.**

In voluntarily participating in any activity of the Capricornia Bushwalkers Inc, I am aware that this activity has inherent risks that may expose me to injury, illness, death or loss of, or damage to property. I accept that Walk Leaders are untrained volunteers who organise activities commensurate with my being self-reliant. I accept full responsibility for ensuring my own well-being, and will cooperate with others to ensure that I do not put anyone else at increased risk. Inherent risks may include, but are not limited to, slippery, loose and/or uneven surfaces, rocks being dislodged, falling at edges of cliffs or drops or elsewhere, risks associated with crossing creeks, hypothermia, heat exhaustion, bites, vehicle failures, poor or no communications and being lost. I am aware of, and accept that there may be no first aid available on Club trips. To minimise these risks, I will try to ensure that any activity in which I participate, is within my capabilities, and that I am carrying food, water and equipment appropriate for the activity. I agree to advise the Walk Leader if I am taking any medication or have any physical or other limitations that might affect my participation in any section, or part, of the activity. I will make every effort to remain with the group during the activity, and accept a consensus of the group, or instruction from the leader of the activity if, and when, required. I am also aware that any person participating in, observing or training for any activity carried on, or organised by Capricornia Bushwalkers Inc, including any social activity is only allowed to do so on the distinct understanding that they do so at their own risk.

I am also aware that it is a condition of admission to membership of Capricornia Bushwalkers Inc that the Land Owner, Capricornia Bushwalkers Inc, its committee, officeholders, Walk Leader, members, and other participants are absolved from all liability howsoever arising from injury or damage howsoever caused, (whether fatal or otherwise), arising out of:

- a) Membership of Capricornia Bushwalkers Inc;
- b) Participation in social activities organised by Capricornia Bushwalkers Inc;
- c) Participation in, observing participation, or training for, activities organised by Capricornia Bushwalkers Inc;
- d) The use of any equipment or resources whether it be the club's property, or otherwise;
- e) In any way whatsoever due to any negligent act, breach of duty, default and/or omission on the part of the Capricornia Bushwalkers Inc, its committee, officeholders or members.

**NOTE: If less than 18 years old, have one of your parents, or your usual guardian, sign the 'Membership less than 18 years old' section below.**

**I have read or heard and understand the requirements,** I have considered the inherent risks before choosing to sign this Waiver, and I still wish to participate in the activities of the Capricornia Bushwalkers Inc. I agree by signing this form to waive any claim for damages arising from this activity that I may have against the club, land owner, Walk Leader or other participants in tort or contract.

Signed \_\_\_\_\_ at (Place) \_\_\_\_\_ on (Date) \_\_\_\_\_  
(PRINT NAME  
AND ADDRESS) \_\_\_\_\_

In the presence of: Witness: \_\_\_\_\_ Signature of Witness \_\_\_\_\_  
(Print full Name of Witness)  
Address: \_\_\_\_\_

**PLUS, FOR MEMBERSHIP LESS THAN 18 YEARS OLD; a parent, otherwise the usual guardian(s), must sign below.**

I am the parent/guardian of \_\_\_\_\_ (name of child) , whose birth date is \_\_\_\_\_

**I have read** or all the above and consent to above-named child participating in the activities of the Capricornia Bushwalkers Inc, and I will ensure trips are within their capability, they attend appropriately prepared, and will obey the directions given by the Walk Leader. I will advise the Walk Leader if the child is taking any medication or has any physical or other limitation that might affect their participation in the activity.

Signed \_\_\_\_\_ (PARENT/GUARDIAN)

At \_\_\_\_\_ (Place) on \_\_\_\_\_ (DATE)

(PRINT NAME) \_\_\_\_\_

ADDRESS and PHONE CONTACT) \_\_\_\_\_

**Membership fees are due on the 1 January. You must be a member to be insured.**

**CAPRICORNIA BUSHWALKERS INC**  
**MEMBERSHIP APPLICATION / RENEWAL**

Membership will be provisional, until approved at the next General Meeting.

NOTE: Membership fees are due on the 1st of January each year.

New Member

Renewal (Please Print .....neatly)

NAME(S): .....

POSTAL ADDRESS: .....

Number of members included in this application form: .....

In which format would you prefer to receive your newsletter?

Email  Snail Mail (post)

E-mail: .....

Phone: (Home) ..... (Work): .....

Mobile: .....

Signed: ..... Date: .....

**FEES – (membership until 31 Dec)**

Either	Single (ordinary)	\$25.00
or	Family (2 adults and children under 18 years)	\$35.00
or	Student/Pensioner	\$15.00

Amount Included \$.....

(Compulsory insurance and affiliation fees are included in above.)

Tick and sign beside the box below if you do not want your Name and Phone Number distributed to other members.

.....

Please attach a signed Risk Waver for everyone on this form and forward to:

The Treasurer  
Capricornia Bushwalkers Inc  
PO Box 1130  
ROCKHAMPTON 4700

Note: You are advised to retain a copy of the Risk Waver for future reference.

Our Internet page: <http://www.cqbushwalkers.110mb.com/>

Contact the Club by e-mail at: [capricornia\\_bushwalkers@yahoo.com.au](mailto:capricornia_bushwalkers@yahoo.com.au)

The Secretary's address:

The Secretary  
PO Box 1130,  
ROCKHAMPTON 4700