

NEWSLETTER No: 124 March 2012



Steve sorts out the map on the Sisal Track

President Secretary Treasurer Management Committee Members

Safety & Training Newsletter **Social Committee**

John Rideout 9439 8576 Cheryl Gargan 4938 7375 Athol Keanalley 4934 8472 Mary Howard, Alan Rogers, Pauline Toop, Gay Rattenbury, Steve Kerr

Steve Kerr Barbara Howard Ros Nielsen, Maxine Maunder

See last page for Schedule of Walks at a Glance See Page 5 for other important bushwalking/social items of note

PROGRAM DETAILS

Closing date for nominations for walks and social events is normally at least **5 days** prior to the event. If you require transport please nominate well in advance. If travelling with someone else, it is courteous to pay your share of travel costs – suggested cost 10 c/km. Some walks may have a limit on numbers.

WALK LEGEND

D/W	Day Walk	T/W	Through Walk or Car Shuttle required			O/N	Overnighter
H/W	Half-day Walk	4WD	Access by 4WD only	X/T	Extended Trip	TRN	Training
B/C	Base Camp	N/F	No Facilities – no water, showers or toilets			SOC	Social

WALK GRADING

Fitness		Distance		Terrain		
E	Easy, suitable for beginners	A	Less than 5 km	1	Trail/Graded Track	
M	Moderate, reasonable fitness required	В	5 to 10 km	2	Off-track/Cross-Country	
Н	Hard, very fit walkers only	C	10 to 15 km	3	Not pre-walked	
		L	15 to 20 km	4	Minor scrub	
		X	Over 20 km	5	Medium or Heavy Vegetation	
Total Uphill Sections				6	Creeks/Rock Hopping	
ALT	Approx change in height			7	Steep Scrambles	

Date Fri 16 March Member's Choice SOCIAL – See Page 5

Date Sun 18 March Location Rail Trail - Yeppoon - Bondoola

Type D/W, E, B, 1 Contact Deborah 49354029

This is a new activity for the Club. A pleasant walk along the old railway trail between Yeppoon and Bondoola on undulating terrain. Good opportunity for new members.

Date Sun 25 March Location Mill Hill

Type D/W, M, B, 2, 4 Contact John and Barbara 49398576

This is a walk to and over one of the easier volcanic plugs close to the Yeppoon Road in the locality of Ironpot. After lunch at Butterfly Grotto, we will end the day's excursion about mid afternoon.

Date Sun 1 April Location Mt Archer

Type D/W, M, A, 4, 6, Alt 500 m Contact Pauline 49261131

This is possibly a new walk, or one not done by the Club for a long time. Walk down a dry creek bed from the top of Mt Archer to meet the Zamia Track near its beginning at the bottom of the mountain. The creek goes through dry rainforest.

Date Fri 6 – Mon 9 April (Easter) Location Blackdown Tableland Type B/C, M, B, 1, 6 Alt 300 m Contact Glynn Gadsby 49275972

At this late stage, please check with Glynn and the National Park's Camp booking website whether any camping sites at Munall Campground are still available. Glynn will be doing day walks only North Mimosa Gorge and Rainbow Falls and other areas. Bring all your own water and all rubbish to be taken out with you on departure. Approximate return drive is 500 km.

Date Sun 15 April Location Mt Barmoya – Capricornia Coast

Type D/W, M, B, 1, 2, 7 Contact Dave Larkin 49394916

Cross the coast range to Adelaide Park valley, then climb Mt Barmoya (344 m). Great views from smoko spot. Return for late lunch and swim. Walk is all across private property.

Date Sat 21 April Location Parkhurst Driving Range
Type Social Contact Ros Nielsen 49287406 A/H

An enjoyable social event with BYO barbecue afterwards. Approximate return driving distance is 15 kms. Nominations close on 16 April 2012.

Date Sun 29 April Location Mystery Walk

Type D/W, M, B, 2, 3, 4 Contact Dot Svendsen 49397443

A walk in the vicinity of Dot's farm on Kelly's Landing Road, north of Yeppoon.

Date Fri 5 – Mon 7 May (Labor Day) Location Combined Club Campout
Type Various Contact John Rideout 49398576

This will be hosted by the Bundaberg Club. Details shall be released by email by Cheryl when they come to hand

Date Sun 13 May Location Causeway Activity

Type H/W, E, A, 2, SOC Contact Cheryl Gargan 49387375/0477156656

Come along and enjoy Mothers Day at the Causeway this year with a variety of activities including kayaking, walking and perhaps some geocaching. This can be followed by a luncheon of fish and chips from the ever-popular Causeway Store.

Date Fri 18 May Member's Choice SOCIAL – See Page 5

Date Sun 20 May Location Belgamba

Type D/W, M, B, 2, 6, 7 Contact Ian Herbert 49381818

Belgamba to Donny's Lookout, cross country via Gavial Creek to Mt Gavial. Plenty of lookouts. Some rock-hopping, but no lantana. 90 km return.

Date Sun 27 May Location Mt Nicholson

(Mt Archer National Park)

Type D/W, T/W, H, B, 2, 5 Contact Cheryl Gargan and Alan Rogers

49387375/0477156656

The exact route is yet to be determined but it is anticipated that this will be a relatively challenging walk for those members who enjoy off-track and hills. However, both the views and the flora will make the effort well worthwhile.

Date Sat 3 June Location Kemp Beach

Type General Meeting Contact John Rideout 49398576

Have your say on Club operations, and develop the Club's walk program for the next three months. Note that **this meeting will be at the far southern end of Kemp Beach**, in the picnic/BBQ area. BYO chairs, etc. Stay with us for the subsequent BBQ and Bluff moonlight walk (see below). Should it rain, then the meeting will be held on Sun 4th, 2 pm, at the CCC hut, Rockhampton.

Date Sat 3 June Location BYO Barbecue, Kemp Beach Type SOC Contact John Rideout 49398576

Join us for an informal get-together of members and family at the Kemp Beach picnic/BBQ area. BYO food, drinks, chairs etc, BBQ facilities are available on-site.

Date Sat 3 June Location Bluff Walk by Moonlight Type H/W, E, A, 1 Contact John Rideout 49398576

An easy walk around the Bluff Point National Park walking trail in the (almost full moon) moonlight. Bring a small torch as well, so you can see the steps on the track as we climb up to the lookouts.

Date Sat 9 – Mon 11 June (Queen's B'day) Location Goodedulla National Park
Type B/C, D/W, M, B, 2, 4, 4WD Contact Alan Rogers 49224935

A return visit to this national park north of Riverslea, featuring open woodlands and dry scrub forests. If possible, we will be entering via the northern section of the park, and camping and walking in this area. A high-clearance vehicle is required for access to and within the park.

Date Fri 15 June Member's Choice SOCIAL – See Page 5

Date Sun 17 June Location Frenchman's Creek – Part 1
Type H/W, E, A, 4, 6, 7 Alt 200m Contact Pauline Toop 49261131

Half day walk from the source of Frenchman's Creek near the Saddle to the bottom of Pilbeam Drive. Flora a little bit overgrown in places and you might get your feet wet, but parts of the creek are quite pleasant. Good to do "the whole of Frenchman's Creek".

Date Wed 20 – Tues 27 June Location Jatbula Trail, NT

Type X/T Contact Cheryl Gargan 49387375/0477156656

The Jatbula Trail is a 6-7 day independent walk from Katherine Gorge to Edith Falls. The end of each day's walk sees the group at a magnificent waterfall or waterhole. You may even get the chance to catch up with Barry the Buffalo. Contact Cheryl as soon as possible, as availability is limited.

Date Sun 24 June Location Frenchman's Creek – Part 2
Type H/W, E, B, 1 Contact Pauline Toop 49261131

A cheerful walk mostly through parkland from the Pilbeam Drive end of the Frenchville Road Walking Track to Lakes Creek Road near where it enters the Fitzroy River.

Date Sun 1 July Location Keppel Sands

Type D/W or H/W, E, B, 2 Contact Dave Larkin 49394916

Early morning paddle up Pumpkin Creek on the high tide for those with water transport. Return to Keppel Sands for early lunch on the beach. Joined by others for a midday walk across to Girt Island on the low tide. Reef boots or old joggers needed. We will be walking through some water.

Date Sun 15 – Wed 26 Sept Location Cape to Cape Track WA
Type B/C, M or H, X, 1 Contact Pauline Toop 49261131

This is a seven-day walk for those doing the entire track. As we are blessed with a support vehicle there is provision to do either the whole track or parts of the track. Your choice. We will have accommodation near Margaret River and drive out from there every day. Very scenic. Hoping for wildflowers at that time of year. Doing some tourist bits around the area.

ITEMS OF NOTE

- ❖ The Club has now purchased a **PLB** (personal locator beacon) for emergency use on any bushwalk. Walk leaders may arrange for collection of the PLB with Pauline Toop (49261131). "Don't leave home without it!"
- ❖ We are trialling a **Member's Choice Social**, nominally on the third Friday of each month. If you have a social event that you'd like to share with other bushwalkers, contact the Secretary, Cheryl, with details and she can ask who else is interested.
- ❖ Members may be interested in joining Dave Larkin in activities that can only be offered when weather conditions or his availability allow. These include blokarting on the beach, kayaking and bushwalking. If interested, please contact him at larkinyeppoon@bigpond.com or on 49394916.
- ❖ A reminder to everyone that the **May Day Combined Club Campout** is being hosted by the Bundaberg Club at Biggenden from 4 − 7 May, 2012. More details when they come to hand.
- ❖ Being a paid-up member of the club provides you with Public Liability and Personal Accident Insurance covers. The limit of Public Liability is \$20,000,000. Personal Accident Insurance only covers members aged 18 to 84 years old, inclusive.
- ❖ Please contact the Secretary at <u>capricornia bushwalkers@yahoo.com.au</u> if you
 - have changed any of your contact details
 - want to submit a Leader's Report
 - wish to obtain a thank you card, if you are a Walk Leader
- ❖ For Walk Leaders, the Walk Description Form for each Newsletter is also available at http://www.cqbushwalkers.110mb.com/
- ❖ Please send Walk Reports for the next Newsletter to capricorn.bushwalkers@gmail.com as an attachment, if possible using Microsoft Word, as early as possible after a walk. Note this is a change from the previous gmail address.
- ❖ Our website http://www.cqbushwalkers.110mb.com/ has material for beginners and Walk Leaders, previous Newsletters and other useful bushwalking information.



WALK REPORTS

SISAL TRACK - 6th November 2011

Sunday, 06/11/2011 at 0700, Brendan, Carol, Cheryl, Cindi, Debra, Glyn, Steve, Mary, Merridy, Michelle, Pauline, and Ros set off up the Sisal Track.

For some, it was an introduction to the delights of the Berserkers, and hopefully the start of ongoing curiosity and exploration of the National Park that rests on our doorstep. The Sisal Track starts off Pilbeam Drive in Frenchville.



At a gentle pace, we climbed to the ridge line, and then enjoyed the view south, which took in Rockhampton city and the Fitzroy River. Once up on the ridgeline, recent fire activity made the walking easy.

We also enjoyed the visual delight of seeing the regeneration of the local flora species.

The vivid greens of the new growth contrasted with the charred soil.

Having a break

Our next visual delight, upon reaching Mt Birkbeck, was seeing the ocean and islands to the east. AND, then of course, it was all downhill. A perfect start to a relaxing Sunday.

Carol

GYM BOY TRACK – 20th November 2011

0700 at The Saddle, and already half way up Mt Archer. Instead of sticking to the road however, we found the Gym Boy Track and followed it towards the summit. The track steeply follows a narrow ridgeline over a series of small knolls. We then joined the Zamia Track, which allowed for an easier stroll to the top of Mt Archer



At the Saddle

Morning tea at Mt Archer in the company of kookaburras was a delight, as was the breeze that was blowing at the summit. Some keen people even boiled the billy for a reviver! A short stroll down the road to Elida Street followed. We then did a circuit around Elida St, whilst staying within the boundaries

of the National Park. Being a loop we enjoyed views north, west and south. The vegetation changed markedly according to the aspect. Dry eucalypt forest gave way to rainforest on the southern aspect.





Rest before the climb

Up we go

Another stroll down Pilbeam Drive and we were soon at the cars. A short peek at the 'climbing' knoll showed mountaineers in their training – much to the delight of Pauline. We had to literally drag her away, before she became entangled in the ropes.

And that was how Alan, Carol, Cheryl, Cindi, Debra, Fran, Glyn, Mary, Michael, Pauline, Robyn, and Ros spent Sunday morning.

Carol

GREAT KEPPEL ISLAND - 26-29 January, 2012

This year's visit to Carl and Lyndie's Eco Resort at Svendsen's Beach was attended by eight club members who enjoyed a range of activities including walking, kayaking and swimming. Also, with great patience, Cindi and Margo introduced some of us to the game of Mahjong. A game which may remain a mystery to some of us!

It doesn't matter how many times you visit Great Keppel Island, there is always something new to explore and this year the highlight of our visit was the opportunity to explore Red Beach as we had often viewed the red cliffs of the beach from the vantage point of The Lighthouse but to date, had not been there.



That's the lighthouse down there

This year we were determined to walk that beach and we did. This involved a lengthy walk from Lyndie and Carl's place at Svendsen's beach up the Bingo Track and then along the very picturesque track out to the Lighthouse.

Lyndie's rock signage ensured that we remained on track. We left the track a little before reaching the Lighthouse to make our way down a steep and rocky incline before literally following the goat tracks around to Red Beach. Here, the heat of the day and the call to lunch saw the group settle comfortably in the shade of the Casuarinas for a couple of hours. Whilst some members dozed quietly, others took the opportunity to explore the fresh water creek leading down to the beach or to simply cool off with a paddle in the water.





Looking for the Bingo Track

Red Beach

The return trip saw us following those goat tracks much more closely which resulted in a much easier climb back up to the track.

As some of the members had not walked the Mt Wyndham Track before, it was decided to do that on the way back to the ferry on the Monday morning. Carl came with us part of the way in order to inspect the track but despite being somewhat overgrown it was easy enough to find our way. We also had the benefit of learning more about the island from Carl's knowledge of a lifetime.

During our walk back to the main beach, we were so captivated by the views from atop Mt Wyndham that we hadn't noticed the black clouds massing behind us and our group was caught in a torrential downpour arriving at the cafe totally drenched. The non-Mt Wyndham walkers, having arrived before the rain, were highly amused by our appearance and proffered a dry towel but little sympathy.

This trip it was decided to cater for a group meal of an evening and this proved to be a great success both on the social side and cooking side. If there were any complaints, they didn't reach the ears of the caterers and cooks – Pauline and Cheryl.

Once again, we had a wonderful few days in a beautiful spot. Being serenaded at night by curlews, observing turtles on the beach before sunrise, seeing the stars shimmering in the black of night.....thank you, Carl and Lyndie.

Cheryl

THE BROADMOUNT WALK 4 March 2012

How can I describe the Broadmount-Kilner walk? Rugged, robust........... Oh heck, it was an Alan Rogers walk. We went up, up, up, and then on, on over hills and dales, and then down the creek, and up and over and on, on again to the cars.

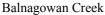
The March weather added another dimension. It was so green it looked more like Austria than Australia, emerald green cow pastures surrounded by green mountains shrouded in mist, threatening rain. The mosquitoes added yet another dimension. They were so thick they covered us. Hey, what do they eat when there are no bushwalkers up there? Many of us got our revenge however, because although they ate us, we ate them when they got in our mouths.

The vegetation was typical of an Alan walk. You part the sapling trees in front of you to get through. We were aided in places by fires that swept through during the last dry season. Pity the fires didn't clear the whole mountain.

But the views of the lower Fitzroy River were superb and there was a variety of interesting little wildflowers scattered along the way. The short creek section was really pretty especially at this time of the year – almost worth a summer- time walk in itself. I noticed some of our party didn't bother rockhopping to keep dry and just walked in the creek. So did I when I realised the wonderful refreshing benefits of being wet.

Now maybe there were some awards for dress. It just shows the different approaches we take to the bush. Glyn wore a coat to keep the mosquitoes off and wins "The man from Snowy River" award. While most of us were completely covered as protection from sunburn, scratchy vegetation, and mosquitoes, John was wearing light walking shorts and shoes. He wins the "cool as a cucumber" award. I hope he was covered from tip to toe in an invisible layer of mosquito repellent. I give Pat the" wet from the creek" award. I think she enjoyed the creek. And at the end of the day when most of us were all wet with sweat, water from the creek, and covered in a bit of dirt and ash, Gerry still looked neat and clean enough to step into an office. I don't know how he does it.







Emerging from the heavy growth

Now if somewhere through reading this, the walk seems somewhat off-putting, don't be deterred. The walk was exciting, invigorating, most enjoyable. I'll be back.

Pauline

Capricornia Bushwalkers Inc. – Membership Application						
I wish to apply for / renew my membership	Renewal	New (Tick one box)				
(new memberships will be provisional, until approved by the next general meeting)						
Type of membership	Single	Family (2 Adults + children)				
Membership fee (for calendar year or part thereof)	☐ \$25 single	\$40 family				
Personal Information	Given Name(s)					
By law, the club is required to maintain a register of members and their residential addresses. The	Family Name					
information collected here is retained by the club secretary for the purposes of club business; it is	Residential Address (not PO Box)					
otherwise confidential. The postal or email address you provide here will be used to send your newsletter,	Postcode					
and any other club correspondence. The phone numbers will be used in emergencies.	Mailing Address (if different)					
	Postcode					
Family membership : Please list below the names of all other people to be covered by this membership:	Phone: Home					
	Work					
	Email Address					
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I agree to observe the Club's Rules and By-laws laid down for members.

The Club has Public Liability and Personal Accident Insurance covers. The limit of Public Liability is \$20,000,000. Personal Accident Insurance only covers members aged 18 to 84 years old, inclusive. The cost of insurance is included in the membership fee.

Acknowledgement of Risk

I acknowledge that when I am participating in any activity of the Capricornia Bushwalkers Inc. I am doing so as a volunteer in all aspects and as such I accept all responsibility for loss of property or bodily injury to me, however it may occur.

I acknowledge that my participation in this activity may expose me to hazards and risks that could lead to injury, illness or death or to loss of or damage to my property. In particular when participating in abseiling or above the snowline activities I am aware that I may be exposed to additional hazards and risks.

I will make all reasonable effort to avoid or minimise these risks by;

- only participating in activities within my capabilities,
- carrying food, water and equipment appropriate for the activity, and
- advising the leader if I am taking any medication or have any physical or other limitation that might affect my participation in the activity.

I acknowledge that the payment of my membership fee will be deemed as full acceptance and understanding of the above.

Signature(s):		Date:
Single OR 1st Adult Family member	2 nd Adult Family member	//

Please post your completed membership form, with membership fee, to:

Treasurer, Capricornia Bushwalkers Inc., PO Box 1130, Rockhampton, Qld 4700.

SCHEDULE TO JULY 2012 AT A GLANCE

Days	Dates	Activity	MO	Contact	Phone	Type
Fri	16 March	Member's Choice Social				Social
Sun	18 March	Rail Trail – Yeppoon/Bondoola		Deborah	4935 4029	D/W, E, B, 1
Sun	25 March	Mill Hill		John & Barb	4939 8576	D/W, M, B, 2, 4
Sun	1 April	Mt Archer		Pauline	4926 1131	D/W, M, A, 4, 6
Fri-Mon	6-9 April (Easter)	Blackdown Tableland – check with Leader to see if spaces still available	1	Glynn	4927 5972	B/C, M, B, 1, 6
Sun	15 April	Mt Barmoya – Capricorn Coast	√	Dave	4939 4916	D/W, M, B, 1, 2, 7
Sat	21 April	Parkhurst Driving Range, BYO Barbecue after. Nominations close 16 April 2012		Ros	4928 7406 A/H	Social
Sun	29 April	Mystery Walk		Dot	4939 7443	D/W, M, B, 2, 3, 4
Fri-Mon	4-7 May (Labor Day)	Combined Club Campout at Biggenden, hosted by Bundaberg Bushwalking Club	1	John	4939 8576	Various
Sun	13 May	The Causeway Lake	1	Cheryl	4938 7375 0477156656	H/W, E, A, 2, SOC
Fri	18 May	Member's Choice Social				Social
Sun	20 May	Belgamba		Ian	4938 1818	D/W, M, B, 2, 6, 7
Sun	27 May	Mt Nicholson (Mt Archer National Park)	1	Cheryl & Alan	4938 7375 0477156656	D/W, T/W, H, B, 2, 5
Sat	2 June – 3 pm	General Meeting at Kemp Beach with optional BYO Barbecue following	1	John	4939 8576	Meeting/Social
Sat	2 June – 6.30 pm	Bluff Walk by Moonlight	1	John	4939 8576	H/W, E, A, 1
Sat-Mon	9 –11 June (Queen's Birthday)	Goodedulla National Park	1	Alan/John	4922 4935	B/C, D/W, M, B, 2, 4, 4WD
Fri	15 June	Member's Choice Social				Social
Sun	17 June	Frenchman's Creek – Part 1		Pauline	4926 1131	H/W, E, A, 4, 6, 7
Wed - Tues	20 – 27 June	Jatbula Trail, NT	1	Cheryl	4938 7375 0477156656	X/T
Sun	24 June	Frenchman's Creek – Part 2		Pauline	4926 1131	H/W, E, B, 1
Sun	1 July	Keppel Sands		Dave	4939 4916	D/W, E, B, 2, H/W
Sun - Wed	16 – 26 Sept	Proposed trip to WA – Cape to Cape	اما	Pauline	4926 1131	B/C, M or H, X, 1

MO - Members Only

