



Club's website: <http://capricornia.bwq.org.au/>

No: 142

NEWSLETTER

April, 2018



Bushwalkers in the mist. The Gym Boy Track, Mt Archer NP

President

Cheryl Gargan 4938 7375

Secretary

Pauline Toop 4926 1131

Treasurer

Anna Mainey 0408 218 423

Management Committee Members

John Rideout, Ian Herbert, Glyn Gadsby,
Kathy Pomare-Clark, Athol Keanalley

Safety & Training

John Rideout

Newsletter

Greer Burgess

See last page for Schedule of Walks to SEPTEMBER 2018 at a Glance

****The club now has TWO Personal Locator Beacons.**

Look on Page 9 for the CONTACTS for these PLBs.

LIKE us on FACEBOOK! <https://www.facebook.com/capricorniabushwalkers/>

PROGRAM DETAILS

Closing date for nominations for walks and social events is normally at least **5 days** prior to the event. If you require transport please nominate well in advance. If travelling with someone else, it is courteous to pay your share of travel costs – suggested cost 10 c/km. Some walks may have a limit on numbers.

WALK LEGEND

MO = Members Only

D/W	Day Walk	T/W	Through Walk or Car Shuttle required		O/N	Overnighter	
H/W	Half-day Walk	4WD	Access by 4WD only	X/T	Extended Trip	TRN	Training
B/C	Base Camp	N/F	No Facilities – no water, showers or toilets		SOC	Social	

WALK GRADING

Fitness		Distance		Terrain	
E	Easy, suitable for beginners	A	Less than 5 km	1	Trail/Graded Track
M	Moderate, reasonable fitness required	B	5 to 10 km	2	Off-track/Cross-Country
H	Hard, very fit walkers only	C	10 to 15 km	3	Not pre-walked
		L	15 to 20 km	4	Minor scrub
		X	Over 20 km	5	Medium or Heavy Vegetation
Total Uphill Sections				6	Creeks/Rock Hopping
ALT	Approx change in height			7	Steep Scrambles

Date: Sunday 15th April
Type: H/W, T/W, E, C, 1

Creek to Creek (Cooraman to Fishing Ck)
Section 2: Emu Park to The Causeway
Contact Cheryl 4938 7375, 0477156656
zilziebeach@bigpond.com

Description

Section 2 of 5 in our Creek to Creek Walk – Cooraman Creek to Fishing Creek. Commencing from Kerr Park, we'll continue our journey along the beaches and headlands of Emu Park, Tanby Point and Kinka. Anyone for fish and chips?

Date: Sunday 22nd April
Type: D/W, M/H, 3, 5, 6, 7 Alt 400m

Mt Atherton/Byfield
Contact Ian 49336 495

Description

This is a challenging climb to the top of the hill, and back down again.

Date: Saturday 28 April
Type: H/W, E, A, 1

Moonlight Walk Bluff NP
Contact John/Barbara
Ph: 4808 2488

Description

An opportunity to take advantage of one of the year's full moons for an easy, relaxed walk around the track at Bluff Point, the national park at the southern end of Kemp Beach. Why not dine before the walk commences by bringing dinner to cook on one of the BBQ plates, or get a takeaway from Yeppoon or the Causeway. Bring a torch to use in shaded areas.

Date: Friday 4th – Monday 7th May
Type: XT, BC
Club

Combined Club Campout – Mt Perry
Contact: Bundaberg Bushwalking

Description

The Combined Club Campout is being hosted by Bundaberg this year. Details from their Facebook page: The May long weekend heralds the combined clubs camp for Gladstone, Rockhampton and Bundaberg. Affiliated club members are all invited to attend. A weekend of walks and a great time to catch up and share adventures.

Date: 13th May
Type: H/W, SOC, E, A, 1, 2

Mothers Day Walk: Girt Island (Keppel Sands)
Contact: Cheryl 4938 7375, 0477156656
zilziebeach@bigpond.com

Description

Join us for a picnic lunch at Keppel Sands before venturing to Girt Island or a short afternoon walk around the foreshores and headlands of Keppel Sands

Date: 19th May to 9th June
Type: XT, H,1,6,7

The Larapinta Trail
Contact Cheryl 4938 7375, 0477156656
zilziebeach@bigpond.com

Description

The Larapinta Trail is a 223km multi-day walk through the magnificent West MacDonell Ranges, starting or finishing in Alice Springs. As independent walkers, you will be required to be experienced in long distance, independent walking and to be fully self-sufficient i.e. carry everything on your back although food drops will be organised along the way. This is one of the truly great walks. Contact Cheryl for further details.

Date: 27th May
Type: H/W, E, B

The Pineapple Rail Trail and Beyond
Contact: Alistair 0409950094
or Mary 49397682

Description

A leisurely walk/ride along the Pineapple Trail, with morning tea at Limestone Creek.

Date: 3rd June
Type: H/W, E/M, B

Mt Morgan Dam Circuit
Contact: Greer 0448 408 775

Description

A pretty circuit walk around the Mt Morgan Dam. There are a few rocky, steep slopes; however, it's generally a fairly good fire trail track that we follow.

Date: 10th June
Type: H/W, M, 2,7

Mt Cobera, Cobraball
Contact: Kathy 0400 292 248

Description

This is a steep climb, with loose rocks underfoot. A view of the volcanic plugs from a different area.

Date: Thur 14th – Sun 17th
Type: XT

Take Two: Cape Capricorn/Curtis Island
Contact Anna 0408 218 423
annamayney@hotmail.com

Description

The weekend can be as hard or as easy as you want to make it! Accommodation is in the 2 homesteads of Cape Capricorn Lighthouse, at the far north end of Curtis Island National Park. Snorkelling gear, kayaks, canoes, BBQ, fishing gear provided, along with all bedding. Bring your own food/beverages. Cost is \$270 per person, which includes return boat trip.

Date: 23rd-24th June
Type: O/N, N/F, 4WD, M-H, 2, Alt 634m

Campout: Raspberry Creek to Mt Hopeful
Contact: Kathy 0400 292 248

Description

Mt Hopeful via Raspberry Creek, Mt Morgan.
 4x4 vehicles will be required. The creek crossings can be rough and there are some steep climbs.
 This will be an overnight camp on local property.
 Depart Rockhampton Saturday morning, set up camp and half day walk before sundown.
 A medium to hard day walk to Mt Hopeful on Sunday.

Date: 1st July
Type: D/W, M, B, 2, 4, Alt 300
Description

Climb to the top of Mt Maryvale, with views of the Byfield/coastal areas. Return by a different route, if vegetation on walk-day allows.

Mt Maryvale, Byfield
Contact: John & Barbara 4808 2488

Date: 8th July
Type: D/W, M, B, 2, 4, 6, Alt 200

Canoona Wattle Walk
Contact Pauline 49261131, 0448822241
Paulinetoop@internode.on.net

Description

The Canoona Wattle Walk is near the Canoona Gold Mining Monument. The walk summits 5 small peaks (hills), collectively called "The Pointers", then heads down to follow a creek, and finally the road back to the start. A variety of wildlife and wildflowers is usually seen, including hopefully a profusion of wattle. This is a short walk, at a little more than 5 km.

Date: 12th July (Thurs)
Type: D/W, H, B, 2, 4, 7, Alt 600

Midweek Walk – Mt Sleipner
Contact: Cheryl 49387375, 0477156656
zilziebeach@bigpond.com

Description

This is a midweek walk which will take advantage of the cooler weather to climb one of the more significant hills within the Berserker Ranges. This walk/climb, is for people who enjoy climbing hills to see what they can see, and rewards us with magnificent views to the west, the east and beyond.

Date: 15 July
Type: Meeting

General Meeting
Contact: Cheryl 49387375, 04771566
zilziebeach@bigpond.com

Description

Come along to have your say – or come along to catch up with friends and fellow bushwalkers – but do come along! If you have a favourite walk, come along and suggest it or offer to lead it.

Date: 22nd July
Type: H/W, M

Gawula (Mt Wheeler) Area
Contact Rita 0437 189 245
ritalucille@hotmail.com

Description

Ridges walk with views of Mount Gawula, (Mt Wheeler) near Cawarral, on private property. It's a morning walk, with moderate fitness required

Date: 23rd to 29th July
Type: XT, M/H, 1, 5, 6, 7

Carnarvon Great Walk
Contact Ian 49336 495

Description

This is a truly magnificent extended walk traversing the "Roof of Queensland". It is 87 km over 6 days. We start by walking up Carnarvon Gorge and then ascend over 500m in about 2km to Battleship Spur and access to the Great Dividing Range which forms the southern boundary of the gorge. We then circumnavigate the Carnarvon Creek catchment by walking around to the Consuelo Tableland on the northern side reaching an altitude of 1190m. There are sections of Class 4 and 5 tracks and includes a lot of climbing. You will need to be physically fit and strong, and accustomed to minimalist camping. Maximum group size is six. Only one space left at time of this newsletter.

Date: 29th July
Type: D/W, M, A,1,2,4,7

Mt Etna National Park
Contact Pauline 49261131

Description

A short walk to the top of Mt Etna, and following that, a short trip through a small cave for those who wish to do so. Most of the way is on a graded track. There is a little “wild walking” to the very top. This area has a unique ecosystem. Learn about its special botany, zoology, geology, and history.

Date: 3/4/5/6 August
Type: B/C, M-H, L,2,4,6,7, Alt 200

Isla Gorge
Contact Pauline 49261131

Description

This trip is marked 4 days – the plan is below.

Drive out Friday afternoon (about 3 hours) set up camp and enjoy the afternoon.

Walk Saturday and Sunday. Drive back Monday.

The area is on the edge of a sandstone escarpment full of colourful cliffs and arches, spring wildflowers, and containing some Aboriginal art.

Date: 12th August
Type: H/W, E, 2, 6

The Bluff, Kemp Beach (Lower circuit)
Contact Ian 4933 6495

Description

This is a half-day Sunday afternoon walk around the outer base of Bluff Point National Park. We start by walking over the top track, and then with a low tide in the afternoon we can walk around the base of the lower cliffs, rock-hopping most of the way. Most of the rocks are dry and easy to walk on, but right near the end there may be a few slippery ones where more care is needed. There is a fascinating cave halfway round. No great level of fitness needed, but good agility is necessary.

Date: 14th to 19th August
Type: XT, M, B, C, L,1,2,6,7

The Loop Circuit/Herbertville Station
Contact Deborah
deborah.mylrea@bigpond.com
0421 850 568 (email preferred)

Description

5 day Fully Guided Walk, The Big Loop Trail. This is a new private hike of approx 66km. The trek follows the limestone escarpments through Boodjamulla National Park (Lawn Hill) and Little's Range. Departing from the Herbertvale Station Stock Camp, then camping in a different location each night and ending back at the Stock Camp on Herbertvale Station. For more information visit: <https://i/trekwesthiking.com.au>
 Facebook: Trek West - Tailored Hiking Tours Places limited to 8 -10 guests. Please nominate by 14/02/18.

Date: 19th August
Type: H/W, E/M

Mt Jim Crow
Contact Kathy 0400 292 248

Description

A half day walk at Mt Jim Crow

Date: 26th August
Type: Meeting

Annual General Meeting
Contact Cheryl 4938 7375, 0477156656
zilziebeach@bigpond.com

Description

Full details of where we will hold the AGM is yet to be confirmed but put this date in your diary. Your Office Bearers for 2018-19 will be determined and we are looking for keen members to put their hands up to fill genuine vacancies. Both the current President and Secretary will not be renominating this year.

Date: 2nd September
Type: H/W, E/M

River Road, Port Curtis Walk/Cycle
Contact Cheryl 4938 73758, 0477156656
zilziebeach@bigpond.com

Description

An easy to moderate walk/ride along River Road in the Port Curtis area. This picturesque walk meanders close to the mighty Fitzroy on several occasions. It should also provide some bird watching opportunities.

Date: 8th-15th September
Type: XT

Ballina and Beyond
Contact Rita 0437 189 245
ritalucille@hotmail.com

Description

The plan is to fly to Brisbane and get a hire vehicle to drive to Ballina, approx. 2& 1/2 hr drive. I have booked 2x3 bedroom cabins at the Discovery Park on Shaws Bay Lake, East Ballina. There are limited numbers for this. We are doing coastal walks, Ballina, Lennox Head and Byron Bay/Suffolk Park, also Mount Warning and Minyon Falls/Rummery Park, inland on the plan.

Date: 29th Sept – 1st Oct
Type: XT

Blackdown Tablelands National Park
Contact Cheryl 4938 7375, 0477156656
Zilziebeach@bigpond.com

Description

A proposal to visit Blackdown National Park for the Queen's Birthday weekend has been made. Decision has yet to be finalised at time of print.

Date: April, 2019
Type: XT, independent alpine walking

Overland Track, Tasmania
Contact: Anna
annamaoney@hotmail.com

Description

Food for thought – contact Anna if interested.

ITEMS OF NOTE

- ❖ The Club now has **TWO PLBs (Personal Locator Beacons)** for emergency use on any bushwalk. One will be located in Rockhampton and the other at the Capricorn Coast. Walk leaders may arrange for collection of the PLB from:

- ❖

Pauline Toop (4926 1131)	Rockhampton
Cheryl Gargan (4938 7375)	Capricorn Coast

Collectors of PLBs - please **complete the form** when collecting the PLB from Pauline or Cheryl. "Don't leave home without it!"

FOR ALL WALK LEADERS

If there is no mobile phone reception or even if you are uncertain if there is mobile reception throughout your walk, take a PLB.

- ❖ Being a paid-up member of the club provides you with Public Liability and Personal Accident Insurance covers. The limit of Public Liability is \$20,000,000. Personal Accident Insurance only covers members aged 18 to 84 years old, inclusive.
- ❖ The address of the Club's website is <http://capricornia.bwq.org.au/>
- ❖ Please contact the Secretary at capricornia_bushwalkers@yahoo.com.au if you –
 - **have changed any of your contact details**
 - want to submit a Leader's Report
- ❖ For Walk Leaders, the Walk Description Form for each Newsletter is also available at <http://capricornia.bwq.org.au/>
- ❖ Please keep sending in Walk Reports for the next Newsletter to rayngreer@bigpond.com either as an attachment, using Microsoft Word, or in an email, whichever is the easier for you. It would be great to get your story fairly promptly after your walk.
- ❖ Our website - <http://capricornia.bwq.org.au/> has material for beginners and Walk Leaders, previous Newsletters and other useful bushwalking information.
- ❖ Please remember the Club is **subsidising half the cost** of an **Accredited First Aid Course** this financial year. The Management Committee will need to see the **Certificate of Achievement and Receipt** for the Course.

WALK REPORTS

Creek to Creek: Section 1 - Coorooman Creek to Bell Park, Emu Park. 11 February



This walk was the first of five walks that will see us walk from the mouth of Coorooman Creek, south of Emu Park, to Fishing Creek at the mouth of Corio Bay, some 50+km north, during 2018.

It had been a disappointing start to the walking calendar to date. Our Australia Day trip to Curtis Island had been canceled due to the boat's engine blowing up and then our Sunday Smoko at The Duckponds planned for the following weekend was canceled due to rain. So it was a large and enthusiastic group that met at Bell Park for the car shuffle to take us to the start of the walk near Zilzie Bay estate.

The first thing to note as we approached Timbers Beach after we left the Creek was that there wasn't much timber left on the beach at all. Erosion from storms and cyclones over the past few years had removed a great many of the Casuarinas that had previously adorned the foreshore. It was very sad to see. However, we did find enough shade for our smoko and drink stops along the way.

It turned out to be a very pleasant walk as we made our way around the headlands and beaches of Zilzie and Emu Park. The ever present 'seabreeze' kept it cool. Dave went off to seek out a trial geocache planted by the author. Some accepted the challenge of 170 steps up from the beach whilst others chose the high road. Arriving back at Emu Park around lunch time meant the inevitable fish and chips for lunch for most and a swim in the ocean for some.

Three new members joined us on the walk that day - Lachlan, Frank and Julie so I hope it was a satisfactory introduction to the club for them.



Section 2 of the Creek to Creek will see us walk from Bell Park to the Causeway on the afternoon of the 15 April.

This map shows all section of the Creek to Creek walks

Cheryl Gargan



Capricornia Bushwalkers Inc. – Membership Application / Renewal	
I wish to apply for / renew my membership (new memberships will be provisional, until approved by the next general meeting)	<input type="checkbox"/> Renewal <input type="checkbox"/> New (Tick one box)
Type of membership	<input type="checkbox"/> Single <input type="checkbox"/> Family (2 Adults + children) <input type="checkbox"/> Life member
Membership fee (for calendar year or part thereof)	<input type="checkbox"/> \$25 single <input type="checkbox"/> \$40 family
Personal Information By law, the club is required to maintain a register of members and their residential addresses. The information collected here is retained by the club secretary for the purposes of club business. The postal or email address you provide here will be used to send your newsletter, and any other club correspondence. The phone numbers will be used in emergencies.	Given Name(s)
	Family Name
	Residential Address (not PO Box) Postcode
	Mailing Address (if different) Postcode
Family membership: Please list below the names of all other people to be covered by this membership:	Phone: Home Work
	Email Address

Insurance: The Club has Public Liability (up to \$20,000,000) and Personal Accident Insurance covers; further details are available from the Club secretary. The cost of insurance is included in the membership fee.

Acknowledgement of Risks and Obligations

I acknowledge that when I am participating in any activity of the Capricornia Bushwalkers Inc. I am doing so as a volunteer in all aspects and as such I accept all responsibility for loss of property or bodily injury to me, however it may occur.

I acknowledge that my participation in this activity may expose me to hazards and risks that could lead to injury, illness or death or to loss of or damage to my property. In particular when participating in abseiling or above the snowline activities I am aware that I may be exposed to additional hazards and risks.

I will make all reasonable effort to avoid or minimise these risks by;

- only participating in activities within my capabilities,
- carrying food, water and equipment appropriate for the activity, and
- advising the leader if I am taking any medication or have any physical or other limitation that might affect my participation in the activity.

I acknowledge that the payment of my membership fee will be deemed as full acceptance and understanding of the above.

I further agree to observe the Club's Rules and By-laws (copies available on the Club's website).

Signature(s): Single OR 1st Adult Family member 2nd Adult Family member	Date:/...../.....
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Please post your completed membership form, with membership fee, to:
Treasurer, Capricornia Bushwalkers Inc., PO Box 1130, Rockhampton, Qld 4700.
(To pay direct: BSB 064-710 [C'wealth], Account No 00917137, your family name as reference)

SCHEDULE TO MAY 2018 AT A GLANCE (MO = Members Only)

Days	Dates	Activity	MO	Contact	Phone	Type
April						
Sunday	15 th	Creek to Creek (Cooraman to Fishing Creek) Section 2: Emu Park to The Causeway		Cheryl	4938 7375; 0477 156 656 zilziebeach@bigpond.com	H/W, T/W, E, C,1
Sunday	22 nd	Mount Atherton/Byfield		Ian	4933 6495	H, B-C, 2, 5, 7
Saturday	28 th	Moonlight Walk, Bluff Point National Park (Capricorn Coast)		John and Barbara	John & Barbara, ph 4808 2488	H/W, E, A, 1
May						
Fri -Mon	4 th -7 th	Combined Club Campout: Mt Perry		Bundaberg Club	Registrations closing 21 April	X/T, BC
Sunday	13 th	Mothers Day Walk – Girt Island (Keppel Sands)		Cheryl	4938 7375, 0477 156 656, zilziebeach@bigpond.com	H/W, SOC, E, A, 1, 2
Saturday	19 th	Larapinta Trail (19/05/18 – 08/06/2018)		Cheryl	49387375, 0477 156 656. zilziebeach@bigpond.com	X/T, H, 1, 6, 7
Sunday	27 th	Pineapple Rail Trail and Beyond		Alistair or Mary	0409 950 094 4939 7682	H/W, E, B
June						
Sunday	3 rd	Mount Morgan Dam Circuit		Greer	0448 408 775	HW, E/M
Sunday	10 th	Mount Cobera, Cobraball		Kathy	0400 292 248	H/W, M, 2, 7
Thur-Sun	14 th -17 th	Cape Capricorn (Curtis Island)		Anna	annamaine@hotmail.com 0408 218 423	X/T
Sat-Sun	23 rd -24 th	Campout – Raspberry Ck to Mt Hopeful		Kathy	0400 292 248	O/N, N/F, 4WD, H

Club's website: <http://capricornia.bwq.org.au/>

July						
Sunday	1 st	Mt Maryvale, Byfield		John and Barbara	4808 2488	D/W, M, B, 2, 4, Alt 300
Sunday	8 th	Canoono Wattle Walk		Pauline	4926 1131, 0448 822 241 paulinetoop@internode.on.net	D/W, M, B, 2, 4, Alt 300
Thursday	12 th	Mt Sleipner – midweek walk		Cheryl	4938 7375, 0477 156 656, zilziebeach@bigpond.com	D/W, H, B, 2, 4, 7, Alt 600
Sunday	15 th	General Meeting		Cheryl	4938 7375, 0477 156 656, zilziebeach@bigpond.com	Meeting
Sunday	22 nd	Gawula area walk		Rita	0437 189 245 ritalucille@hotmail.com	H/W, M
Sunday	22 nd – 29 th	Carnarvon Great Walk	Yes	Ian	4933 6495	XT, M/H, X, 1, 4, 6, 7
Sunday	29 th	Mount Etna		Pauline	4926 1131, 0448 822 241 paulinetoop@internode.on.net	D/W, M, A,1,2,4,
August						
Fri – Sun	3 rd -5 th	Isla Gorge		Pauline	4926 1131, 0448 822 241 paulinetoop@internode.on.net	B/C, M-H, L,2,4,6,7, Alt 200
Sunday	12 th	The Bluff, Kemp Beach – lower circuit		Ian	4933 6495	H/W, E, 2, 6
Tue – Sun	14 th -19 th	The Loop Circuit at Herbert Vale Station	Yes	Deborah	deborah.mylrea@bigpond.com 0421 850 568 (email preferred)	XT, M, B, C,L,12,6,7
Sunday	19 th	Mt Jim Crow		Kathy	0400 292 248	H/W, M
Sunday	26 th	Annual General Meeting		Cheryl	4938 7375, 0477 156 656, zilziebeach@bigpond.com	Meeting

September						
Sunday	2 nd	River Road, Port Curtis Walk/Cycle		Cheryl	4938 7375, 0477 156 656, zilziebeach@bigpond.com	H/W, E/M
Saturday	8 th -15 th	Ballina and Beyond (September trip away)		Rita	0437 189 245 ritalucille@hotmail.com	XT
Saturday	29 th -1 st	Blackdown National Park		Cheryl	4938 7375, 0477 156 656, zilziebeach@bigpond.com	XT