

COVID-19 MANAGEMENT PLAN  
FOR CAPRICORNIA BUSHWALKERS INC.

January 12, 2021

Capricornia Bushwalkers Inc. is operating again and is compliant with government COVID-19 restrictions. (NB – This plan remains permanently subject to change).

Club walks must follow the procedure as outlined.

1. We can now have multi-day walks. Camping is allowed but we must always check with QPWS before making any plans as certain restrictions apply in some parks, and the situation is open to change.
2. The maximum number of people permitted on a walk will be the same as that regulated by Queensland Health at any given time.
3. Keep social distancing. Walk in single file at least 1.5 metres apart. (4m<sup>2</sup> when still). We may step forward to help someone, but step back again immediately. We must also keep social distance from any other member of the public. We should stand aside and let them pass. Remember social distancing regulations also when taking photos, or if meeting for coffee or in car parks before or after the walk.
4. Both members and visitors are now allowed. For members, the leader is asked to collect phone numbers (preferably mobile numbers) and emergency numbers, when the member nominates for the walk earlier in the week. This record is especially important in these times in case follow up contact tracing is needed. Walk leaders will also question you when you nominate for a walk as to your health and your recent whereabouts. They will be following our club checklist.

Parents are still required to sign a declaration from our website ("Walk Sign-on Sheet 2020 Covid-19.pdf") on behalf of their children, and email or MMS it to the leader before the walk. This is to avoid the passing of paperwork or biros. Visitors must also complete an Acknowledgement of Risks and Obligations declaration, and email or MMS to the leader before the walk.

5. If, on a walk, anyone shows symptoms, the walk will be abandoned immediately.
6. If a member is later found to have the COVID-19 virus, that member must contact the leader and the leader must contact all members on the walk, and inform the president. The president must inform the authorities.
7. Leaders should also ensure that every member on the walk is familiar with Covid-19 requirements.
8. Practice scrupulous hygiene. Do not share any personal items. Each member should carry their own hand sanitizer. If you need to sneeze or cough, do so into your elbow. First aiders should carry gloves and face masks in case they are required to treat an injured walker.
9. Stay home if you are feeling unwell, even if it is "just a cold", or you have been in contact in the last 14 days with anyone who is unwell. Stay home if you have been in contact with anyone from an area of a known COVID-19 outbreak in the last 14 days
10. Avoid touching any shared surfaces, eg gates, fence posts, public toilet facilities. Use alcohol gel and wipes.
11. Walk leaders must carry our COVID-19 management plan on walks.
12. Those over 65 years of age should carefully consider the risk of participation.
13. Members are encouraged to use the COVIDSafe phone app.

A walk only happens if the leader is happy to lead it. In other words, leaders can opt out of leading walks. Walk leaders will familiarise you with the above requirements.