

CAPRICORNIA

BUSHWALKERS

INC

PO Box 1130
Rockhampton 4700

No: 124

NEWSLETTER

March 2012



Steve sorts out the map on the Sisal Track

President

Secretary

Treasurer

Management Committee Members

John Rideout 9439 8576

Cheryl Gargan 4938 7375

Athol Keanalley 4934 8472

Mary Howard, Alan Rogers, Pauline
Toop, Gay Rattenbury, Steve Kerr

Safety & Training

Newsletter

Social Committee

Steve Kerr

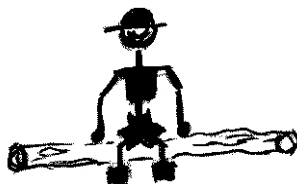
Barbara Howard

Ros Nielsen, Maxine Maunder

See last page for Schedule of Walks at a Glance
See Page 5 for other important bushwalking/social items of note

ITEMS OF NOTE

- ❖ The Club has now purchased a **PLB (personal locator beacon)** for emergency use on any bushwalk. Walk leaders may arrange for collection of the PLB with Pauline Toop (49261131). "Don't leave home without it!"
- ❖ We are trialling a **Member's Choice Social**, nominally on the third Friday of each month. If you have a social event that you'd like to share with other bushwalkers, contact the Secretary, Cheryl, with details and she can ask who else is interested.
- ❖ Members may be interested in joining Dave Larkin in activities that can only be offered when weather conditions or his availability allow. These include blokarting on the beach, kayaking and bushwalking. If interested, please contact him at larkinyepoon@bigpond.com or on 49394916.
- ❖ A reminder to everyone that the **May Day Combined Club Campout** is being hosted by the Bundaberg Club at Biggenden from **4 – 7 May, 2012**. More details when they come to hand.
- ❖ Being a paid-up member of the club provides you with Public Liability and Personal Accident Insurance covers. The limit of Public Liability is \$20,000,000. Personal Accident Insurance only covers members aged 18 to 84 years old, inclusive.
- ❖ Please contact the Secretary at capricornia_bushwalkers@yahoo.com.au if you –
 - have changed any of your contact details
 - want to submit a Leader's Report
 - wish to obtain a thank you card, if you are a Walk Leader
- ❖ For Walk Leaders, the Walk Description Form for each Newsletter is also available at <http://www.cqbushwalkers.110mb.com/>
- ❖ Please send Walk Reports for the next Newsletter to capricorn.bushwalkers@gmail.com as an attachment, if possible using Microsoft Word, as early as possible after a walk. Note this is a change from the previous gmail address.
- ❖ Our website – <http://www.cqbushwalkers.110mb.com/> has material for beginners and Walk Leaders, previous Newsletters and other useful bushwalking information.



WALK REPORTS

SISAL TRACK – 6th November 2011

Sunday, 06/11/2011 at 0700, Brendan, Carol, Cheryl, Cindi, Debra, Glyn, Steve, Mary, Merridy, Michelle, Pauline, and Ros set off up the Sisal Track.

For some, it was an introduction to the delights of the Berserkers, and hopefully the start of ongoing curiosity and exploration of the National Park that rests on our doorstep. The Sisal Track starts off Pilbeam Drive in Frenchville.



Having a break

At a gentle pace, we climbed to the ridge line, and then enjoyed the view south, which took in Rockhampton city and the Fitzroy River. Once up on the ridgeline, recent fire activity made the walking easy.

We also enjoyed the visual delight of seeing the regeneration of the local flora species.

The vivid greens of the new growth contrasted with the charred soil.

Our next visual delight, upon reaching Mt Birkbeck, was seeing the ocean and islands to the east. AND, then of course, it was all downhill. A perfect start to a relaxing Sunday.

Carol

GYM BOY TRACK – 20th November 2011

0700 at The Saddle, and already half way up Mt Archer. Instead of sticking to the road however, we found the Gym Boy Track and followed it towards the summit. The track steeply follows a narrow ridgeline over a series of small knolls. We then joined the Zamia Track, which allowed for an easier stroll to the top of Mt Archer



At the Saddle

Morning tea at Mt Archer in the company of kookaburras was a delight, as was the breeze that was blowing at the summit. Some keen people even boiled the billy for a revive! A short stroll down the road to Elida Street followed. We then did a circuit around Elida St, whilst staying within the boundaries

of the National Park. Being a loop we enjoyed views north, west and south. The vegetation changed markedly according to the aspect. Dry eucalypt forest gave way to rainforest on the southern aspect.



Rest before the climb



Up we go

Another stroll down Pilbeam Drive and we were soon at the cars. A short peek at the 'climbing' knoll showed mountaineers in their training – much to the delight of Pauline. We had to literally drag her away, before she became entangled in the ropes.

And that was how Alan, Carol, Cheryl, Cindi, Debra, Fran, Glyn, Mary, Michael, Pauline, Robyn, and Ros spent Sunday morning.

Carol

GREAT KEPPEL ISLAND - 26-29 January, 2012

This year's visit to Carl and Lyndie's Eco Resort at Svendsen's Beach was attended by eight club members who enjoyed a range of activities including walking, kayaking and swimming. Also, with great patience, Cindi and Margo introduced some of us to the game of Mahjong. A game which may remain a mystery to some of us!

It doesn't matter how many times you visit Great Keppel Island, there is always something new to explore and this year the highlight of our visit was the opportunity to explore Red Beach as we had often viewed the red cliffs of the beach from the vantage point of The Lighthouse but to date, had not been there.



That's the lighthouse down there

This year we were determined to walk that beach and we did. This involved a lengthy walk from Lyndie and Carl's place at Svendsen's beach up the Bingo Track and then along the very picturesque track out to the Lighthouse.

Lyndie's rock signage ensured that we remained on track. We left the track a little before reaching the Lighthouse to make our way down a steep and rocky incline before literally following the goat tracks around to Red Beach. Here, the heat of the day and the call to lunch saw the group settle comfortably in the shade of the Casuarinas for a couple of hours. Whilst some members dozed quietly, others took the opportunity to explore the fresh water creek leading down to the beach or to simply cool off with a paddle in the water.



Looking for the Bingo Track



Red Beach

The return trip saw us following those goat tracks much more closely which resulted in a much easier climb back up to the track.

As some of the members had not walked the Mt Wyndham Track before, it was decided to do that on the way back to the ferry on the Monday morning. Carl came with us part of the way in order to inspect the track but despite being somewhat overgrown it was easy enough to find our way. We also had the benefit of learning more about the island from Carl's knowledge of a lifetime.

During our walk back to the main beach, we were so captivated by the views from atop Mt Wyndham that we hadn't noticed the black clouds massing behind us and our group was caught in a torrential downpour arriving at the cafe totally drenched. The non-Mt Wyndham walkers, having arrived before the rain, were highly amused by our appearance and proffered a dry towel but little sympathy.

This trip it was decided to cater for a group meal of an evening and this proved to be a great success both on the social side and cooking side. If there were any complaints, they didn't reach the ears of the caterers and cooks – Pauline and Cheryl.

Once again, we had a wonderful few days in a beautiful spot. Being serenaded at night by curlews, observing turtles on the beach before sunrise, seeing the stars shimmering in the black of night.....thank you, Carl and Lyndie.

Cheryl

THE BROADMOUNT WALK 4 March 2012

How can I describe the Broadmount-Kilner walk? Rugged, robust..... Oh heck, it was an Alan Rogers walk. We went up, up, up, and then on, on, on over hills and dales, and then down the creek, and up and over and on, on again to the cars.

The March weather added another dimension. It was so green it looked more like Austria than Australia, emerald green cow pastures surrounded by green mountains shrouded in mist, threatening rain.

The mosquitoes added yet another dimension. They were so thick they covered us. Hey, what do they eat when there are no bushwalkers up there? Many of us got our revenge however, because although they ate us, we ate them when they got in our mouths.

The vegetation was typical of an Alan walk. You part the sapling trees in front of you to get through. We were aided in places by fires that swept through during the last dry season. Pity the fires didn't clear the whole mountain.

But the views of the lower Fitzroy River were superb and there was a variety of interesting little wildflowers scattered along the way. The short creek section was really pretty especially at this time of the year – almost worth a summer- time walk in itself. I noticed some of our party didn't bother rock-hopping to keep dry and just walked in the creek. So did I when I realised the wonderful refreshing benefits of being wet.

Now maybe there were some awards for dress. It just shows the different approaches we take to the bush. Glyn wore a coat to keep the mosquitoes off and wins "The man from Snowy River" award. While most of us were completely covered as protection from sunburn, scratchy vegetation, and mosquitoes, John was wearing light walking shorts and shoes. He wins the "cool as a cucumber" award. I hope he was covered from tip to toe in an invisible layer of mosquito repellent. I give Pat the "wet from the creek" award. I think she enjoyed the creek. And at the end of the day when most of us were all wet with sweat, water from the creek, and covered in a bit of dirt and ash, Gerry still looked neat and clean enough to step into an office. I don't know how he does it.



Balnagowan Creek



Emerging from the heavy growth

Now if somewhere through reading this, the walk seems somewhat off-putting, don't be deterred. The walk was exciting, invigorating, most enjoyable. I'll be back.

Pauline

Capricornia Bushwalkers Inc. – Membership Application	
I wish to apply for / renew my membership (new memberships will be provisional, until approved by the next general meeting)	<input type="checkbox"/> Renewal <input type="checkbox"/> New (Tick one box)
Type of membership	<input type="checkbox"/> Single <input type="checkbox"/> Family (2 Adults + children)
Membership fee (for calendar year or part thereof)	<input type="checkbox"/> \$25 single <input type="checkbox"/> \$40 family
Personal Information By law, the club is required to maintain a register of members and their residential addresses. The information collected here is retained by the club secretary for the purposes of club business; it is otherwise confidential. The postal or email address you provide here will be used to send your newsletter, and any other club correspondence. The phone numbers will be used in emergencies.	Given Name(s)
	Family Name
	Residential Address (not PO Box) Postcode
	Mailing Address (if different) Postcode
Family membership: Please list below the names of all other people to be covered by this membership:	Phone: Home Work
	Email Address

I agree to observe the Club's Rules and By-laws laid down for members.

The Club has Public Liability and Personal Accident Insurance covers. The limit of Public Liability is \$20,000,000. Personal Accident Insurance only covers members aged 18 to 84 years old, inclusive. The cost of insurance is included in the membership fee.

Acknowledgement of Risk

I acknowledge that when I am participating in any activity of the Capricornia Bushwalkers Inc. I am doing so as a volunteer in all aspects and as such I accept all responsibility for loss of property or bodily injury to me, however it may occur.

I acknowledge that my participation in this activity may expose me to hazards and risks that could lead to injury, illness or death or to loss of or damage to my property. In particular when participating in abseiling or above the snowline activities I am aware that I may be exposed to additional hazards and risks.

I will make all reasonable effort to avoid or minimise these risks by;

- only participating in activities within my capabilities,
- carrying food, water and equipment appropriate for the activity, and
- advising the leader if I am taking any medication or have any physical or other limitation that might affect my participation in the activity.

I acknowledge that the payment of my membership fee will be deemed as full acceptance and understanding of the above.

Signature(s): Single OR 1 st Adult Family member 2 nd Adult Family member	Date:/...../.....
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Please post your completed membership form, with membership fee, to:

Treasurer, Capricornia Bushwalkers Inc., PO Box 1130, Rockhampton, Qld 4700.

SCHEDULE TO JULY 2012 AT A GLANCE

Days	Dates	Activity	MO	Contact	Phone	Type
Fri	16 March	Member's Choice Social				Social
Sun	18 March	Rail Trail – Yeppoon/Bondoola		Deborah	4935 4029	D/W, E, B, 1
Sun	25 March	Mill Hill		John & Barb	4939 8576	D/W, M, B, 2, 4
Sun	1 April	Mt Archer		Pauline	4926 1131	D/W, M, A, 4, 6
Fri-Mon	6-9 April (Easter)	Blackdown Tableland – check with Leader to see if spaces still available	√	Glynn	4927 5972	B/C, M, B, 1, 6
Sun	15 April	Mt Barmoya – Capricorn Coast	√	Dave	4939 4916	D/W, M, B, 1, 2, 7
Sat	21 April	Parkhurst Driving Range, BYO Barbecue after. Nominations close 16 April 2012		Ros	4928 7406 A/H	Social
Sun	29 April	Mystery Walk		Dot	4939 7443	D/W, M, B, 2, 3, 4
Fri-Mon	4-7 May (Labor Day)	Combined Club Campout at Biggenden, hosted by Bundaberg Bushwalking Club	√	John	4939 8576	Various
Sun	13 May	The Causeway Lake	√	Cheryl	4938 7375 0477156656	H/W, E, A, 2, SOC
Fri	18 May	Member's Choice Social				Social
Sun	20 May	Belgamba		Ian	4938 1818	D/W, M, B, 2, 6, 7
Sun	27 May	Mt Nicholson (Mt Archer National Park)	√	Cheryl & Alan	4938 7375 0477156656	D/W, T/W, H, B, 2, 5
Sat	2 June – 3 pm	General Meeting at Kemp Beach with optional BYO Barbecue following	√	John	4939 8576	Meeting/Social
Sat	2 June – 6.30 pm	Bluff Walk by Moonlight	√	John	4939 8576	H/W, E, A, 1
Sat-Mon	9 –11 June (Queen's Birthday)	Goodedulla National Park	√	Alan/John	4922 4935	B/C, D/W, M, B, 2, 4, 4WD
Fri	15 June	Member's Choice Social				Social
Sun	17 June	Frenchman's Creek – Part 1		Pauline	4926 1131	H/W, E, A, 4, 6, 7
Wed - Tues	20 – 27 June	Jatbula Trail, NT	√	Cheryl	4938 7375 0477156656	X/T
Sun	24 June	Frenchman's Creek – Part 2		Pauline	4926 1131	H/W, E, B, 1
Sun	1 July	Keppel Sands		Dave	4939 4916	D/W, E, B, 2, H/W
Sun - Wed	16 – 26 Sept	Proposed trip to WA – Cape to Cape	√	Pauline	4926 1131	B/C, M or H, X, 1

MO - Members Only

