

Club's website: <http://capricornia.bwq.org.au/>

No: 144

NEWSLETTER

January, 2019



Carnarvon Gorge, July 2018

President

Pauline Toop 4926 1131

Secretary

Anna Mainey 0408 218 423

Treasurer

Megan Grieve

Management Committee Members

John Rideout, Ian Herbert, Glyn Gadsby,
Kathy Pomare-Clark, Rita Davidson

Safety & Training

John Rideout

Newsletter

Greer Burgess

See last page for Schedule of Walks to MAY 2019 at a Glance

****The club now has TWO Personal Locator Beacons.**

Look on Page 5 for the CONTACTS for these PLBs.

LIKE us on FACEBOOK! <https://www.facebook.com/capricorniabushwalkers/>

PROGRAM DETAILS

Closing date for nominations for walks and social events is normally at least **5 days** prior to the event. If you require transport please nominate well in advance. If travelling with someone else, it is courteous to pay your share of travel costs – suggested cost 10 c/km. Some walks may have a limit on numbers.

WALK LEGEND

MO = Members Only

D/W	Day Walk	T/W	Through Walk or Car Shuttle required			O/N	Overnighter
H/W	Half-day Walk	4WD	Access by 4WD only	X/T	Extended Trip	TRN	Training
B/C	Base Camp	N/F	No Facilities – no water, showers or toilets			SOC	Social

WALK GRADING

Fitness		Distance		Terrain	
E	Easy, suitable for beginners	A	Less than 5 km	1	Trail/Graded Track
M	Moderate, reasonable fitness required	B	5 to 10 km	2	Off-track/Cross-Country
H	Hard, very fit walkers only	C	10 to 15 km	3	Not pre-walked
		L	15 to 20 km	4	Minor scrub
		X	Over 20 km	5	Medium or Heavy Vegetation
Total Uphill Sections				6	Creeks/Rock Hopping
ALT	Approx change in height			7	Steep Scrambles

Date: 26th-28th January 2019
Type: B/C, O/N

Kroombit Tops
Contact Rod O'Mara 4979 1961

Description

If you have never been there, there is an opportunity to join Gladstone Bushwalkers on a camping trip to Kroombit Tops this Australia Day weekend. It is not a strenuous weekend and numbers are small. For further information please contact Rod.

Date: 3rd February
Type: H/W, E, 5, 1

High and Dry River Walk
Rockhampton City
Contact Pauline 49261131

Description

Walk along the riverside paths, including the revamped Riverside Park along Quay Street, the rail bridge and the “new” bridge, Victoria Parade, and end for tea/coffee and cake/brunch at the new Riverton Tearooms.

Date: 10th February
Type: H/W, E/M

Mystery Walk
Contact Alistair 0409 950 094

Description

Would it be a mystery walk if we told you where? You may have to be content with who and when! There will be further details closer to the date.

Date: 17th February
Type: H/W, M, A, 4, 6 Alt 200m

Dry Stony Creek (Mt Archer)
Contact Pauline 49261131

Description

This is a moderate rock-hop up a creek just inside the Mt Archer National Park. We walk up as far as we want to go, enjoy morning tea, and then walk back down again.

Club's website: <http://capricornia.bwq.org.au/>

Date: 24th February
Type: H/W, T/W, N/F, E, C, 1

Creek to Creek Section 5
Contact Cheryl 4938 7375, 0477156656
zilziebeach@bigpond.com

Description

This is Section 5 of our Creek to Creek Walk – Cooraman Creek to Fishing Creek.

This is the final leg in our Creek to Creek series which we will complete as a loop commencing from the start of Sandy Point NP, heading north along the beach to the Point itself and Fishing Creek before returning along the well shaded, gravel road to the vehicles. The end to Enders will have walked approximately 60km in total.

Date: 3rd March
Type: H/W, E/M, A, 2, 4 Alt 100m

Pinnacle Point
Contact Barbara and John 4808 2488

Description

This will be an easy to moderate afternoon walk with exceptional views of islands and beaches; a good way to start your week.

Date: 10th March
Type: Meeting

General Meeting
CCC Hut, Livermore Street
Contact Pauline 49261131

Description

Come along and have your say on Club matters and the walks calendar for the next few months.

Date: 17th March
Type: Cycle, E/M, 1, X

Bike Ride Rosslyn Bay to Farnborough Store
Contact Clare 0407 933 263

Description

This bike ride will take you along Lammermoor Beach, Yeppoon main beach and along Farnborough Road. Starting on from the Lioness Park on Lammermoor Beach we would cycle along the newly constructed pathway to Statue Bay, looping back to the Scenic Highway along Mulambin and Clayton Roads, along the bike pathways to the Sailing Club, along main beach and on Farnborough Road to the Farnborough Shop and return. This is an easy, mostly flat ride on bike pathways and cycle ways, round trip 35 km.

Date: 24th March
Type: H/W, T/W, N/F, E, C, 1

River Road Extended
Contact Cheryl 49387375/0477156656
zilziebeach@bigpond.com

Description

This is a continuation of our initial walk along River Road in the Port Curtis area.

The walk will take us along a well graded dirt track through farm area before meeting up with the picturesque Fitzroy River and where we will see some excellent views of the Berserkers as we head towards the finish of the walk at the Gavial Creek Bridge. MTB riders might enjoy the outing.

Date: 31st March
Type: H/W, E/M, B, 1, 2

Rosslyn Ramble
Contact Barbara and John 4808 2488

Description

On this morning walk, you will encounter sin, sand, scrub, surf and sights in the Rosslyn Bay area. A walk up one of the Rosslyn Head hills will be included.

Date: 7th April
Type: H/W, E/M, B, 1, 2

Kinka Wetlands
Contact Rita 0437 189 245, 4939 6404

Description

A circuit walk from the carpark near the Kinka Walklands early morning to see the birdlife and explore further along Kinka Beach. Perhaps an early lunch at The Causeway.

Date: 14th April
Type: H/W, M/H

Mt Archer Rainforest Creek
Contact Pauline 49261131

Description

This is a moderate to hard walk up a pretty creek through rainforest in the Mt Archer National Park. Enjoy morning tea up top in Frazer Park. Possibly walk down the Jacob Track if Pilbeam Drive is still closed.

Date: 19th – 22 April
Type: B/C, O/N, X/T

Easter Campout - Ubobo, Harmony Farm, Mt Robert
Contact Anna 0408 218 423

Description

Spend Easter camping at Harmony Farm in the Boyne Valley; home to Mt Robert, the highest mountain between Toowoomba and Townsville. Trek to the summit and relax. Kayaking is an option at Awoonga Dam (a 30min. drive away). More details at a later date.

Date: 28th April
Type: H/W, E/M, 2, 4, 7

Mount Hedlow
Contact Kathy 0400 292 248

Description

A ramble in the vicinity of Mount Hedlow, with more details to come closer to the date.

Date: May 3rd – 6th
Type:

Combined Clubs Campout - Kooyalee
Contact Pauline 49261131

Description

Date Claimer! It's our turn to host the Combined Club Campout this year. Meetings will be scheduled to organise the event in early 2019.

ITEMS OF NOTE

The Club now has **TWO PLBs (Personal Locator Beacons)** for emergency use on any bushwalk. One will be located in Rockhampton and the other at the Capricorn Coast. Walk leaders may arrange for collection of the PLB from:

Pauline Toop (4926 1131) Rockhampton

Cheryl Gargan (4938 7375) Capricorn Coast

Collectors of PLBs - please **complete the form** when collecting the PLB from Pauline or Cheryl. "Don't leave home without it!"

FOR ALL WALK LEADERS

If there is no mobile phone reception or even if you are uncertain if there is mobile reception throughout your walk, take a PLB.

Being a paid-up member of the club provides you with Public Liability and Personal Accident Insurance covers. The limit of Public Liability is \$20,000,000. Personal Accident Insurance only covers members aged 18 to 84 years old, inclusive.

The address of the Club's website is <http://capricornia.bwq.org.au/>

Please contact the Secretary at capricornia_bushwalkers@yahoo.com.au if you –

- have changed any of your contact details**
- want to submit a Leader's Report

For Walk Leaders, the Walk Description Form for each Newsletter is also available at <http://capricornia.bwq.org.au/>

Please keep sending in Walk Reports for the next Newsletter to rayngreer@bigpond.com either as an attachment, using Microsoft Word, or in an email, whichever is the easier for you. It would be great to get your story fairly promptly after your walk.

Our website - <http://capricornia.bwq.org.au/> has material for beginners and Walk Leaders, previous Newsletters and other useful bushwalking information.

Please remember the Club is **subsidising half the cost** of an **Accredited First Aid Course** this financial year. The Management Committee will need to see the **Certificate of Achievement and Receipt** for the Course.

WALK REPORTS

Carnarvon Great Walk July 2018

Firstly, big thanks to Ian for leading this wonderful walk, and providing such a wealth of information on the area and landscape. Six walkers took part in the walk- Ian, Cheryl, Anna, John, Larry & Megan.

On Saturday morning, we drove to Takarakka Bush Resort and camped overnight. We were very lucky to see a number of platypuses close to our camp site.

Day 1 (Sunday) - 9.7km

We drove from Takarakka Bush Resort to the Carnarvon visitors centre to start our walk. The first day of hiking was a lovely scenic walk through the Carnarvon Gorge.

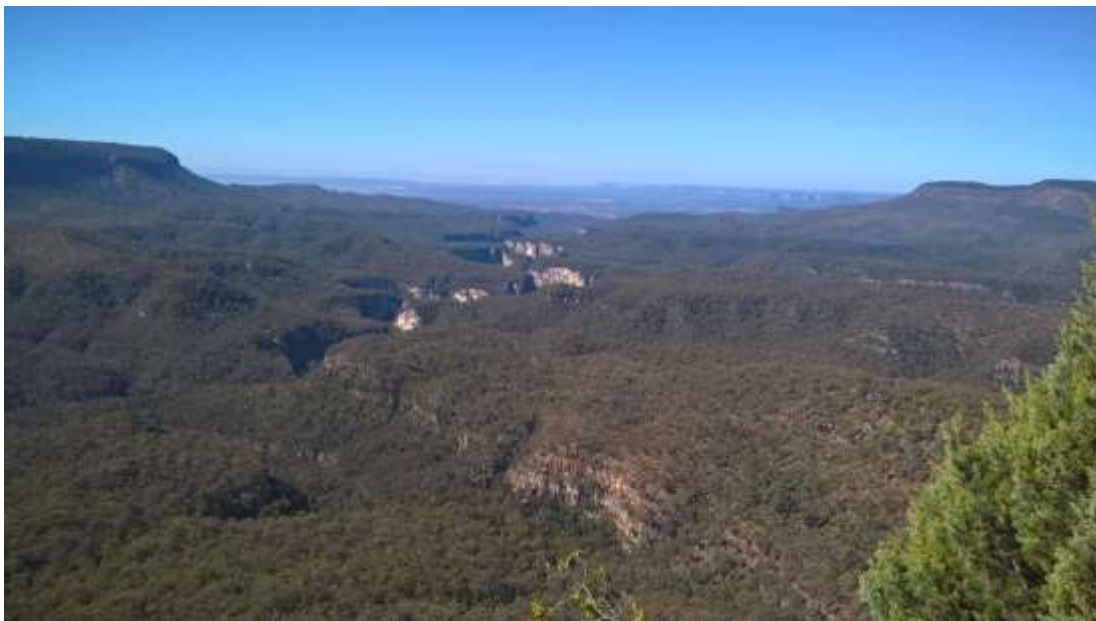
Along the gorge, we visited side tracks to the Amphitheatre, Wards Canyon, Art Gallery and Cathedral Cave. We reached Big Bend camp site in the afternoon with plenty of time to set up camp. This campsite was beautiful with a towering cliff and running creek. Overnight was very cold.

Also doing the Carnarvon Great Walk were Geoff, Kim and Pete from Port Macquarie.

These guys were great company during the week. Kim used an Apple App called Pocket Earth for the duration of the walk. She had previously downloaded a map of the area and during the walk was able to use a GPS in the app to show her location and the location of the track. No data was needed to keep this running; the phone just needs to keep charged.

Day 2 (Monday) - 14.8 km

We headed up Boowinda Gorge in the morning, then scrambled up a steep gully, up steps, up a ladder and up hill to reach Battleship Spur. We had lunch at Battleship Spur with lovely views of the gorge. After lunch we walked through grasslands to Gadds Camp. It was another chilly night.



Day 3 (Tuesday) - 15.8km

This morning started with a steep uphill walk. We then reached the plateau of the Great Dividing Range, which we followed until after lunch. A walk with great views and another beautiful lunch spot. We then gradually descended to West Branch camp. This camp is also accessible to vehicles, but this night there were only two other parties camped. We heard rumours of temperatures below zero in the previous nights (no wonder we were cold!). An unexpected surprise - wine and nuts courtesy of Geoff, Kim and Pete who had hidden a food bundle near the camp site prior to starting the walk.



Day 4 (Wednesday) - 17.3km

Another uphill walk this morning, with lovely views along the way, onto the Consuelo plateau. We then had an amazing walk through the Mahogany forest, cool and lovely with tall trees and large Macrozamia. The rain clouds gathered, and we were lucky to reach the shelter at Consuelo camp just before some light showers. We all managed to get tents set up during breaks in the rain and the rain eased early in the evening.

Day 5 (Thursday) - 13.8 km

The walk along the Consuelo tableland to Cabbage Tree camp was an easy but very pleasant walk through lovely forest with large trees and macrozamia. We reached the Cabbage Tree camp mid afternoon with plenty of time to relax and set up camp.

Day 6 (Friday) - 15.3km

Our last day of walking - we saw spectacular scenery as we descended from the Consuelo tableland onto a plateau called Jimmy's Shelf. After another uphill section we were able to see Devils Signpost and amazing views from the lookouts at Boolimba Bluff.

We then descended around 300 steps back into Carnarvon Gorge for the final section of our walk. Then we picked up our cars from the visitor centre, and camped for a final night at the Takarakka Bush Resort.



Saturday

Early Saturday morning we were able to rise early and watch an eclipse of the moon. What a lovely way to finish the week!

This was my first multi-day walk, and it was a fantastic experience.

A big thanks to Anna for sharing knowledge and gear with me, and the rest of the group for being so helpful.

Megan Grieve (words and photos)

THE BIG LOOP TRAIL (Boodjamulla National Park) with Trek West

Trek West leads a supported “glamping” trek from Herbertvale Cattle Station into Boodjamulla National Park, situated north of Mt Isa. It’s a very enjoyable trip. On the trip were four members of the Capricornia Bushwalkers – me (Pauline Toop), Cheryl Gargan, Debbie Mylrea, and Liz Keith with Liz’ friend Jane. To support us were Shelly from the station, ex-station hand Bec, and National Park ranger, Lee, who was doing parks work while there, but provided a good deal of information about the area. Part of the “glamping” was white linen tablecloths with table decoration consisting of very apt native vegetation, and fairy lights at night. A “home beautiful” furnished tent was reserved for the last night. We had wine every sunset (and again after dinner and sometimes before dinner as well). We had a hot shower every night. All our gear was transported for us. All our meals were catered for.



Photograph from Trek West website

The area covers land never cleared for grazing leaving natural spinifex and jump-ups. The spinifex was punctuated with snappy gum, and waist-high table wattle (many types). Dryander’s Grevillea was seen often. There were several gorges, some with waterholes. Birds of many types frequented the waterholes. Throughout the walk we were accompanied by constant chirping of little birds. Evidence of animals we did not see were footprints in the sand, a bower-bird bower, and termite mounds. Interesting rocks – much of the ground was shale though we walked mainly on sandy roads. There were patches of limestone in the area. We explored the “lost city”, an area with remnant limestone karst. We found interesting formation in rocks around waterholes.



Photograph from Trek West website

The trip was suggested by Deb Mylrea whose daughter and family manage a nearby cattle station. Thank you, Deb.

ISLA GORGE

I was first shown Isla Gorge by the Gladstone group of bushwalkers. Thank you Gladstone. They took me there some more times so thank you again. I've led our Rocky group a few times, and the place never fails to thrill me.

After you pass the Mt Morgan Range, driving west from Rocky it is mainly flat. Late afternoon, the skyline is broken by turrets and towers, peaks and pillars of natural stone – exciting looking country. Then you realise that is where you are headed.



'Devils Nest' in Isla Gorge NP, photo from Qld National Parks website

Isla Gorge is formed by creeks eroding the sandstone on the edge of sandstone escarpments. Wind has also eroded the sandstone to form arches and alcoves. Much of the sandstone has weathered to grey but where it is freshly exposed, the colour varies from dazzling white, through cream, yellow, orange and pink.

It was a dry year so wildflowers were not so showy but intensely yellow wattle, beautiful banksias, occasional hovea, hardenbergia, and dainty little pink phlebaliums were out. There were no flies, mosquitoes, ants or other nasties to annoy us.

For the first day, I wished to do a run covering the main features that we like to do in the park, especially as Julie had travelled all the way from Moree for the walk. I wanted to go to the double arch in Observation Peak. We went straight there. The way was so clear, a runner could run there. But there were more things nearby which caught my attention. There are more things to be seen at the base of Observation Peak, and there's another peak nearby. These will have to wait till another visit. Unfinished business. We were headed to "The Tunnel", a natural arch right through a ridge. There is much still to explore in that ridge. Unfinished business again. Then down a creek, to another creek, and on to a site with some aboriginal artwork and some strange effects in the ceiling of the alcove, obviously caused by erosion, then back up a spur to the camp. Frank ran much of the way up that final spur – I envy his fitness. The camp is in the car park which gives us the luxury of camping right next our cars, or in your luxurious motor home if you have one like Mike and Patty. We were back at the campsite by 3:00pm, thanks to my really good team – Cheryl, Mike and Patty, Frank and Julie.

Day 2, we first explored a beautiful arch very close to the campsite before bidding farewell to Frank and Julie. Then we went off to the end of another ridge (near the highway), but on the way back took a side-track along a beautiful get-down. Well, we could see that there was a way further down, but also a saddle leading to another looming pillar. But it was lunchtime and these things would take all day so we headed back to camp as was our original intention. From the camp, we could see that where we had been led to yet another saddle and pillar. Much unfinished business to be done another year.

The afternoon also left us with unfinished business. We investigated a walk I had looked briefly at on a previous year. That walk goes through the valley towards the highway. At the end, there are two ways you could go, either around the bluff and into the gorge areas or up the bluff. Remember the ridge we walked in the morning? Well, we climbed up the bluff and ended up on top of that ridge, near the end of it, then went back to the campsite. But what if we had gone around? Again, unfinished business. Hoping to get back there next year.

Pauline.



Isla Gorge National Park photo from Qld National Parks website

Don't forget that memberships are due in January, 2019!

Capricornia Bushwalkers Inc. – Membership Application / Renewal

I wish to apply for / renew my membership (new memberships will be provisional, until approved by the next general meeting)	<input type="checkbox"/> Renewal <input type="checkbox"/> New (Tick one box)
Type of membership	<input type="checkbox"/> Single <input type="checkbox"/> Family (2 Adults + children) <input type="checkbox"/> Life member
Membership fee (for calendar year or part thereof)	<input type="checkbox"/> \$25 single <input type="checkbox"/> \$40 family
Personal Information By law, the club is required to maintain a register of members and their residential addresses. The information collected here is retained by the club secretary for the purposes of club business. The postal or email address you provide here will be used to send your newsletter, and any other club correspondence. The phone numbers will be used in emergencies.	Given Name(s) .. John
	Family Name Rideout
	Residential Address (not PO Box) 7 Yearsley Grove Pacific Heights Postcode .4703
	Mailing Address (if different) Postcode
Family membership: Please list below the names of all other people to be covered by this membership:	Phone: Home .4939 8576 Work Email Address jr.1234@internode.on.net

Insurance: The Club has Public Liability (up to \$20,000,000) and Personal Accident Insurance covers; further details are available from the Club secretary. The cost of insurance is included in the membership fee.

Acknowledgement of Risks and Obligations

I acknowledge that when I am participating in any activity of the Capricornia Bushwalkers Inc. I am doing so as a volunteer in all aspects and as such I accept all responsibility for loss of property or bodily injury to me, however it may occur.

I acknowledge that my participation in this activity may expose me to hazards and risks that could lead to injury, illness or death or to loss of or damage to my property. In particular when participating in abseiling or above the snowline activities I am aware that I may be exposed to additional hazards and risks.

I will make all reasonable effort to avoid or minimise these risks by;

- only participating in activities within my capabilities,
- carrying food, water and equipment appropriate for the activity, and
- advising the leader if I am taking any medication or have any physical or other limitation that might affect my participation in the activity.

I acknowledge that the payment of my membership fee will be deemed as full acceptance and understanding of the above.

I further agree to observe the Club's Rules and By-laws (copies available on the Club's website).

Signature(s): Single OR 1 st Adult Family member 2 nd Adult Family member	Date:/...../.....
---	-----------------------------------

Please post your completed membership form, with membership fee, to:
Treasurer, Capricornia Bushwalkers Inc., PO Box 1130, Rockhampton, Qld 4700.
 (To pay direct: BSB 064-710 [C'wealth], Account No 00917137, your family name as reference)

Club's website: <http://capricornia.bwq.org.au/>

SCHEDULE TO MAY 2019 AT A GLANCE (MO = Members Only)

Days	Dates	Activity	MO	Contact	Phone	Type
January						
	26 th -28 th	Kroombit Tops		Rod	49791961	B/C, O/N
February						
Sun	3rd	High and Dry River Walk (Rockhampton)		Pauline	49261131 / 0448822241 paulinetoop@internode.on.net	E, B, 1
Sun	10 th	Mystery Walk		Alistair	0409 950 094	
Sun	17 th	Dry Stony Creek (Mount Archer)		Pauline	49261131 / 0448822241 paulinetoop@internode.on.net	H/W, M, A, 4, 6 Alt 200m
Sun	24th	Creek to Creek Section 5		Cheryl	4938 7375; 0477 156 656 zilziebeach@bigpond.com	H/W, T/W, N/F, E, C, 1
March						
Sun	3rd	Pinnacle Point		John and Barbara	4808 2488	H/W, E/M, A, 2, 4 Alt 100m
Sun	10th	General Meeting		Pauline	49261131 / 0448822241 paulinetoop@internode.on.net	Meeting
Sun	17 th	Bike Ride – Rosslyn Bay to Farnborough Store		Clare	0407 933 263	E/M, 35km
Sun	24 th	River Road Extended		Cheryl	4938 7375; 0477 156 656 zilziebeach@bigpond.com	H/W, T/W, N/F, E, C, 1
Sun	31 st	Rosslyn Ramble		Barbara and John	4808 2488	H/W, E/M, B, 2,4
April						
Sun	7th	Kinka Wetlands		Rita	0437 189 245, 4939 6404 ritalucille@hotmail.com	
Sun	14th	Mount Archer Rainforest Creek		Pauline	49261131 / 0448822241 paulinetoop@internode.on.net	H/W, M/H, 4, 6, 7

Club's website: <http://capricornia.bwq.org.au/>

Fri-Mon	19 th - 22 nd	Easter Campout – Harmony Farm, Ubobo		Anna	0408218423 annamainey@hotmail.com	B/C, O/N, X/T
Sun	28 th	Mount Hedlow		Kathy	0400 292 248	H/W, E/M, 2,4,7
May						
Fri-Mon	3 rd - 6 th	Combined Clubs Campout – Kooyalee		Pauline	492611131/044882241 paulinetoop@internode.on.net	B/C, O/N, X/T