



Club's website: <http://capricornia.bwq.org.au/>

PO Box 1130, Rockhampton 4700

No: 156

NEWSLETTER

January 2023



President: Kevin Cullen 0487 655 892

Secretary: Greer Burgess 0488 408 775

Treasurer: Janine Keneally 0428 372 465

Committee: Rita Davidson, David Drew, Lindsay Hensel, Anna Mainey, Mark Angus

Safety & Training: Ian Herbert

Newsletter: Mark Angus

See last page for SCHEDULE OF WALKS from January to May 2023

Like us on FACEBOOK.

<https://www.facebook.com/capricorniabushwalkers/>

PROGRAM DETAILS

Closing date for nominations for walks and social events is normally at least **2 days** prior to the event. If you require transport, please nominate well in advance. If travelling with someone else, it is courteous to pay your share of travel costs – suggested cost 10 c/km. Some walks may have a limit on numbers.

WALK LEGEND

MO = Members Only

D/W	Day Walk	T/W	Through Walk or Car Shuttle required	O/N	Overnighter
H/W	Half-day Walk	4WD	Access by 4WD only	X/T	Extended Trip
B/C	Base Camp	N/F	No Facilities – no water, showers or toilets	SOC	Social

WALK GRADING

Fitness		Distance		Terrain	
E	Easy, suitable for beginners	A	Less than 5 km	1	Trail/Graded Track
M	Moderate, reasonable fitness required	B	5 to 10 km	2	Off-track/Cross-Country
H	Hard, very fit walkers only	C	10 to 15 km	3	Not pre-walked
		L	15 to 20 km	4	Minor scrub
		X	Over 20 km	5	Medium or Heavy Vegetation
Total Uphill Sections				6	Creeks/Rock Hopping
ALT	Approx change in height			7	Steep Scrambles

SCHEDULE OF WALKS

Date: January 26th- 29th 2023

Type: B/C, X/T, E, M, H, 1, 2

Woppaburra/ Great Keppel Island

Contact: Cheryl 0477 156 656 zilziebeach@bigpond.com

The club has been able to book Keppel Lodge again, but in keeping with COVID 19 protocols, numbers will be restricted. The program for the visit will be tailored to peoples' wishes- walks where required, snorkelling, swimming or simply relaxing for the duration. **Nominations still available.** Payment of a deposit will confirm your booking.

Date: Sunday February 5th

Type: H/W, E, B, 1

Yeppen Lagoon Trail and Botanic Gardens

Contact Greer 0448 408 775

This will be an easy, half day walk along the trail that fringes Yeppen Lagoon, through the Botanic Gardens and looping back to the start. Mostly flat trails, suitable for all ages and abilities.

Date: Sunday February 12th
Type: H/W, E, B, 1
Moore's Creek Corridor Parks & Paths
Contact: Pauline 0448 822 241

North Rockhampton has three main creeks running through it – namely Moore's Creek, Frenchman's Creek, and Thozet Creek. All of them have wonderful parks and paths running the whole length of suburbia and are all well maintained by council. This walk explores the pathways along Moore's Creek from Sunset Drive to the Fitzroy River, going through Kershaw Gardens along the way. A great morning walk for the hot weather.

Date: Saturday February 18th- Friday March 3rd
Great South West Walk (Victoria) THIS TRIP IS FULLY BOOKED

Date: Sunday February 19th
Type: H/W, M, B, 6
Bluff Point, Capricorn Coast
Contact: Glyn 49 275 972

We will be meeting at 1.00 pm Sunday afternoon at the Kemp Beach car park adjacent to Bluff Point picnic grounds. We follow the Bluff Point track part of the way and then proceed down onto Mulambin Beach and begin our walk around the base of Bluff Point back to Kemp Beach. Interesting rock formations close to sea level and a small sea cave to check out on the way also. Low Tide is at 15.08pm and is 0.54 meters. Contact Glyn to register for the walk and important safety info. Come along for a unique way to experience Bluff Point.

Date: Saturday February 25th
Type: Saturday Afternoon/ Evening Night Walk
TBC (Farnborough Beach- Bangalee to Corio Bay up to 25km return, or Lake Mary Road to Mt Hedlow 15km return, or Zamia Trail 14km). Other locations open to suggestion with group consensus prior to walk.
Contact: Mark 0484 068 361

Date: Sunday March 5th
Type: H/W, M, B, 1, 2
First Turkey, North Rockhampton
Contact: Glyn 0749 275 972

We'll start the walk near the end of Sunset Drive and proceed to traverse the top of the waterfall at First Turkey and then go down to Lower Wild Pig Track and up to the new track to join onto the Zamia Track and back to the start via Moore Creek. A good mixture of track and creek walking lasting approximately a half day. Nice views and a variety of country to see.

Date: Sunday March 12th
GENERAL MEETING
Contact: Kevin 0487 655 892

Date: Sunday March 19th

Type: H/W, E, C, 2

Creek To Creek: The Causeway to Emu Park

Contact: Cheryl Gargan 0478 156 656 zilziebeach@bigpond.com

The afternoon low tide allows us to complete another leg of our Creek to Creek series of walks (Fishing Creek to Coorooman Creek). Commencing from the Causeway, we will follow the picturesque foreshore and headlands south to Emu Park. (Approx 11kms). The Causeway Cafe is always a popular option for a fish and chips luncheon beforehand.

Date: Sunday March 26th

Type: H/W, E/M, 1, 4, 7 (minor rock climb), Alt 100m

Three Hills Walk, Rosslyn Bay

Contact: Rita 0437 189 245 ritalucille@hotmail.com

Starting at the northern end of Kemp Beach, we will walk across to the Rosslyn Bay section of the Capricorn Coast National Park, scramble over this hill and around an interesting track. We walk back over to Fan Rock Lookout for great views, descend and explore the area between the two rocky outcrops, complete a little rock hop climb up the second hill in the Double Head section of the Capricorn Coast National Park, then enjoy morning tea.

Date: Sunday April 2nd

Type: H/W, E, B, 1, 2

Gangulu Trail, Mt Morgan Dam

Contact: Greer 0448 408 775

The Gangulu Trail is approximately 8 km long, circumnavigating the Number 7 Dam at Mt Morgan. This is a shared MTB/ hiking trail moving through open eucalypt and grasstree country on the edge of the dam. If the long promised wet season shows up, a few minor water crossings are likely. Suitable for most walkers, and an enjoyable way to spend the morning.

Date: Friday April 7th – Monday 10th (Easter)

Type: B/C, 4WD, N/F M/O, M, A, 2, 4, 6, 7

Robinson Gorge (Expedition NP)

Contact: Lindsay 0478 637 954

We will drive around 5 hours to the northern end of Robinson Gorge where we will make camp. From there, we can do daily walks down into the Gorge, exploring the gorgeous side canyons. No facilities/no water/4WD required.

Date: Sunday April 16th

Type: DW, M, B, 4, 6

Sunset Drive – Mt Archer – Dry Stony Creek

Contact: Kevin 0487 655 892

Park at Sunset drive, ascend Jacob's track to Mt Archer then descend via Dry Creek onto the mountain bike trails and returning to Sunset drive via First Turkey.

Date: Sunday April 23rd
Type: Mystery Walk
Contact: Anna 0408 218 423

Further information when property owner's permission obtained and pre-walk attended.

Date: Saturday April 29th - Tuesday May 2nd
Combined Club Campout (CCC)
Kevin: 0487 655 892

Yes, it's our turn to host the 2023 Combined Club Campout (CCC) over the May Day Long Weekend at Kooyalee Outdoor Education Centre.

As such I have attached the CCC - Walk Ideas and Leader Nominations form, which is by no means complete and I encourage you all to have bye-in to it by putting up your thoughts.

As I have spelt out in the form objective, Club members nominate possible 1 day or 1/2 day walks and the walk leader. The club committee will convene to establish the walks and the associated walk leader and the leaders be advised to arrange the appropriate walk details.

Additional to the walk's nomination is the CCC - Night Activities and Entertainment which is also yet to be fully completed and if club members have any thoughts happy for the bye-in, however what has been pre-filled is already locked in.

Expressions Of Interest
Contact: Pauline 0448 822 241

A few meetings ago, Kevin expressed an interest in Mt Moffatt. I'm also interested, not in through walks (and a lot of our members have already done the Carnarvon Great Walk) but in base camps.

I'm interested in the whole of the Central Queensland Sandstone Belt – several national parks: Salvator Rosa, Ka Ka Mundi, Robinson Gorge, and Minerva Hills (northern approach parks) and Beilba, Lonesome, and Mt Moffatt (southern approach).

There are a variety of possibilities. We could do all of these over a two or three week period, or just part of these. September 2023 might be a good time.

The club has an excellent book on these areas which you might like to read, and I have a book issued by national parks, though the book is no longer available as far as I know. It's all on the web instead. The trip would probably require 4WDs. If you are interested or if you would like to peruse the books, let me know.



Isla Gorge National Park

Notes from the General Meeting Sunday 13th November 2022

To propose a walk for the upcoming walks calendar, keep an eye out for the meeting reminder email.

Becoming a walk leader is a great way to build your skills and confidence. There are many years of experience in our Club, and plenty of knowledge to share. One way to build confidence is to be an “understudy” with an experienced leader. Please contact any member of the committee, or any walk leader, for more details on how you can take your love of walking to the next level by leading a like-minded group on your favourite trail.

Remember, too, that early nomination for overnight/ base camp/ multi day walks is a good practice. Happy walking!

A reminder for walk leaders – please send details of your proposed walks to rayngreer@bigpond.com within a fortnight of the meeting to allow smooth production of the newsletter. An email will suffice, including details as per walk legend and a brief description. Thank you.

*******As we end 2022, it is that time again that we ask all our members to renew their 2023 membership which is due by 1st January 2023.*******



Girt Island on low tide.



Zamia Trail, Mt Archer National Park





Thorsbourne Trail, Hinchinbrook Island

ITEMS OF NOTE

- ❖ The Club now has **TWO PLBs (Personal Locator Beacons)** for emergency use on any bushwalk. One will be located in Rockhampton and the other at the Capricorn Coast. Walk leaders may arrange for collection of the PLB from:

Pauline Toop - 0448 822 241

Rockhampton

Cheryl Gargan - 0477 156 656

Capricorn Coast

Collectors of PLBs - please **complete the form** when collecting the PLB from Pauline or Cheryl. "Don't leave home without it!"

FOR ALL WALK LEADERS

If there is no mobile phone reception or even if you are uncertain if there is mobile reception throughout your walk, take a PLB.

- ❖ Being a paid-up member of the club provides you with Public Liability and Personal Accident Insurance covers. The limit of Public Liability is \$20,000,000. Personal Accident Insurance only covers members aged 18 to 95 years old, inclusive.
- ❖ The address of the Club's website is <http://capricornia.bwq.org.au/>
- ❖ Please contact the Secretary at capbushwalkers@gmail.com if you –
 - **have changed any of your contact details**
 - want to submit a Leader's Report
- ❖ For Walk Leaders, the Walk Description Form for each Newsletter is also available at <http://capricornia.bwq.org.au/>
- ❖ Please keep sending in Walk Reports for the next Newsletter to rayngreer@bigpond.com either as an attachment, using Microsoft Word, or in an email, whichever is the easier for you. It would be great to get your story fairly promptly after your walk.
- ❖ Our website - <http://capricornia.bwq.org.au/> has material for beginners and Walk Leaders, previous Newsletters and other useful bushwalking information.
- ❖ Please remember the Club is **subsidising half the cost** of an **Accredited First Aid Course** this financial year. The Management Committee will need to see the **Certificate of Achievement and Receipt** for the Course.

Capricornia Bushwalkers Inc. – Membership Application / Renewal	
I wish to apply for / renew my membership (New memberships will be provisional, until approved at next general meeting)	<div>Renewal</div> <div>New (Tick one box)</div>
Type of membership	<div>Single</div> <div>Family (2 Adults + children) <input type="checkbox"/> Life member</div>
Membership fee (for calendar year or part thereof)	<div>\$25 single</div> <div>\$40 family</div>
Personal Information By law, the club is required to maintain a register of members and their residential addresses. The information collected here is retained by the club secretary for the purposes of club business. The postal or email address you provide here will be used to send your newsletter, and any other club correspondence. The phone numbers will be used in emergencies.	Given Name(s)
	Family Name:
	Residential Address (not PO Box)
	Mailing Address (if different) Phone: Home: Work: Email:
Family membership: Please list alongside the names of all other people to be covered by this membership:	

Insurance: The Club has Public Liability (up to \$20,000,000) and Personal Accident Insurance covers; further details are available from the Club secretary. The cost of insurance is included in the membership fee.

Acknowledgement of Risks and Obligations

I acknowledge that when I am participating in any activity of the Capricornia Bushwalkers Inc. I am doing so as a volunteer in all aspects and as such I accept all responsibility for loss of property or bodily injury to me, however it may occur.

I acknowledge that my participation in this activity may expose me to hazards and risks that could lead to injury, illness or death or to loss of or damage to my property. In particular when participating in abseiling or above the snowline activities I am aware that I may be exposed to additional hazards and risks.

I will make all reasonable effort to avoid or minimise these risks by;

- only participating in activities within my capabilities,
- carrying food, water and equipment appropriate for the activity, and
- advising the leader if I am taking any medication or have any physical or other limitation that might affect my participation in the activity.

I acknowledge that the payment of my membership fee will be deemed as full acceptance and understanding of the above.

I further agree to observe the Club's Rules and By-laws (copies available on the Club's website).

Signature(s):		Date:
.....	
Single OR 1 st Adult Family member	2 nd Adult Family member/...../.....

Club's website: <http://capricornia.bwq.org.au/>

How to return your membership form

Option 1: Please post your completed membership form to
Treasurer, Capricornia Bushwalkers Inc., PO Box 1130, Rockhampton, Qld 4700.

Option 2: Signed membership forms may be scanned and emailed to
capbushwalkers@gmail.com

Please note handwritten signatures are required at this time.

Payment Options

Option 1: To pay by direct deposit: BSB 064-710 [C'wealth], Account No 00917137, please include your family name as reference.

Option 2: Post a cheque or money order with your membership form to Treasurer,
Capricornia Bushwalkers Inc., PO Box 1130, Rockhampton, Qld 4700



Creek To Coast Trail, Five Rocks- Byfield National Park



Robinson Gorge, Expedition National Park

SCHEDULE TO May 2023 AT A GLANCE (MO = Members Only)

Days	Dates	Activity	MO	Contacts	Phone	Type
January						
Thur- Sun	26 th - 29 th	Woppaburra/ Great Keppel Island		Cheryl	0477 156 656 zilziebeach@bigpond.com	B/C X/T E/M/H, 1, 2
February						
Sunday	5 th	Yeppen Lagoon Trail & Botanic Gardens		Greer	0488 408 775	H/W, E, B, 1
Sunday	12 th	Moore's Creek Corridor Parks & Paths		Pauline	0488 822 241	H/W, E, B, 1
Sunday	19 th	Bluff Point, Capricorn Coast		Glyn	49 275 972	H/W, B, 6
Saturday	26 th	To be confirmed by group consensus		Mark	0484 068 361	TBC
March						
Sunday	5 th	First Turkey/ Sunset Drive, North Rockhampton		Glyn	49 275 972	H/W, M, B, 1, 2
Sunday	12 th	General Meeting		Kevin	0487 655 892	

Sunday	19 th	Creek To Creek, The Causeway to Emu Park		Cheryl	0477 156 656 zilziebeach@bigpond.com	H/W, E, C, 2
Sunday	26 th	Three Hills Walk, Rosslyn Bay		Rita	0437 189 245 parrotsnest@gmail.com	H/W, E/M, 1, 4, 7
April						
Sunday	2 nd	Gangulu Trail, Mt Morgan		Greer	0448 408 775	H/W, E, B, 1, 2
Friday to Monday	7 th - 10 th	Robinson Gorge, Expedition National Park	Yes	Linsay	0478 637 954	B/C, 4WD, N/F, M/O, M, A, 2, 4, 6, 7
Sunday	16 th	Sunset Drive - Mt Archer – Dry Creek – First Turkey circuit		Kevin	0487 855 892	DW, M, B, 4, 6
Sunday	23 rd	Mystery Walk		Anna	0408 218 423 annamainey@hotmail.com	
May						
Sat to Tues	29 th - 2 nd	Combined Club Campout- CCC	Yes	Kevin	0487 655 892	E, M, H



Mount Baga, Baga National Park

"The climb speaks to our character, but the view, I think, to our souls."- Lori Lansens

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