



Postal Address: PO Box 1130, Rockhampton 4700

Club Website: <http://capricornia.bwq.org.au/>

Facebook: <https://www.facebook.com/capricorniabushwalkers>



President:	Kevin Cullen	0487 655 892
Secretary:	Greer Burgess	0488 408 775
Treasurer:	Janine Kenealy	0418 372 465
Committee:	Rita Davidson, Anna Mainey, David Drew, Lindsay Hensel and Mark Angus	
First Aid Coordinator:	Vacant	
Newsletter Editor:	Mark Angus	
Detailed Walk Schedule:	September to December 2023	

NOTES TO ALL WALK LEADERS:

- ❖ Required walk forms and materials are to be obtained from the Club Website – <http://capricornia.bwq.org.au/>
- ❖ The club has 2 Personal Locator Beacons (PLB's) for emergency use on any bushwalks. The location and custodians of the PLB's are:
 - Pauline Toop – 0448 822 241 Rockhampton
 - Anna Mainey – 0408 218 423 Rockhampton
- ❖ Walk Leaders collecting the PLB's are responsible for completing the form with either Pauline or Anna.
- ❖ Leaders are to ensure they don't leave without carrying a PLB, regardless of mobile phone coverage.
- ❖ **Walk descriptions** are to be submitted via email to the Secretary – capbushwalkers@gmail.com
- ❖ **Newsletter** walk reports are to be completed (Microsoft Word) promptly after each walk and emailed to Mark Angus – xxcalibre@gmail.com
- ❖ **Facebook** page material, walk photos and a brief overview to be sent to Anna Mainey – 0408 218 423

NOTE TO ALL CLUB MEMBERS:

- ❖ Proposed walks can be nominated as soon as you see the email advising the date of the next general committee meeting, especially if they are overnight, basecamp or multi day walks.
- ❖ Being a financial member of the club provides you with Public Liability and Personal Accident Insurance cover. Public Liability is limited to \$20,000,000 and Personal Accident Insurance only covers members 18 to 95 years old, inclusive.
- ❖ The Club will subsidise half of the cost of an Accredited First Aid Course in the financial year to members on completion of, and forwarding a copy of their Certificate of Achievement and Receipt to the management committee.
- ❖ Ensure contact details are current, and updates sent via email to the Secretary – capbushwalkers@gmail.com
- ❖ You want to build your skills and confidence as a walk leader. Please reach out to a committee member or an experienced walk leader and become an understudy.

MEMBERSHIP APPLICATION GUIDELINE:**Option 1 – (Preferred)**

- ❖ Complete, Sign, Scan and email the form to the Treasurer – capbushwalkers@gmail.com

Option 2

- ❖ Complete, Sign and Post the form to:

Treasurer

Capricornia Bushwalkers Inc

PO Box 1130

Rockhampton, QLD 4700

MEMBERSHIP PAYMENT GUIDELINE:

Option 1 – (Preferred)

- ❖ Direct debit: **WESTPAC: BSB 034-636, Acct No 388472, your family name as reference**

Option 2

- ❖ Complete, Sign and Post a money order or cheque to:

Treasurer

Capricornia Bushwalkers Inc

PO Box 1130

Rockhampton, QLD 4700



Capricornia Bushwalkers Inc. – Membership Application / Renewal	
I wish to apply for / renew my membership (new memberships will be provisional, until approved by the next general meeting)	<input type="checkbox"/> Renewal <input type="checkbox"/> New (Tick one box)
Type of membership	<input type="checkbox"/> Single <input type="checkbox"/> Family (2 Adults + children) <input type="checkbox"/> Life member
Membership fee (for calendar year or part thereof)	<input type="checkbox"/> \$25 single <input type="checkbox"/> \$40 family
Personal Information By law, the club is required to maintain a register of members and their residential addresses. The information collected here is retained by the club secretary for the purposes of club business. The postal or email address you provide here will be used to send your newsletter, and any other club correspondence. The phone numbers will be used in emergencies.	Given Name(s)
	Family Name
	Residential Address (not PO Box) Postcode
	Mailing Address (if different) Postcode
Family membership: Please list below the names of all other people to be covered by this membership:	Phone: Home Work
	Email Address

Insurance: The Club has Public Liability (up to \$20,000,000) and Personal Accident Insurance covers; further details are available from the Club secretary. The cost of insurance is included in the membership fee.

Acknowledgement of Risks and Obligations

I acknowledge that when I am participating in any activity of the Capricornia Bushwalkers Inc. I am doing so as a volunteer in all aspects and as such I accept all responsibility for loss of property or bodily injury to me, however it may occur.

I acknowledge that my participation in this activity may expose me to hazards and risks that could lead to injury, illness or death or to loss of or damage to my property. In particular when participating in abseiling or above the snowline activities I am aware that I may be exposed to additional hazards and risks.

I will make all reasonable effort to avoid or minimise these risks by;

- only participating in activities within my capabilities,
- carrying food, water and equipment appropriate for the activity, and
- advising the leader if I am taking any medication or have any physical or other limitation that might affect my participation in the activity.

I acknowledge that the payment of my membership fee will be deemed as full acceptance and understanding of the above.

I further agree to observe the Club's Rules and By-laws (copies available on the Club's website).

Signature(s): Single OR 1 st Adult Family member	Date:/...../..... 2 nd Adult Family member
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Please post your completed membership form, with membership fee, to:

Treasurer, Capricornia Bushwalkers Inc., PO Box 1130, Rockhampton, Qld 4700.

(To pay direct: WESTPAC: BSB 034-636, Acct No 388472, your family name as reference)

PROGRAM DETAILS:

Closing date for nominations for walks and social events is at least 2 days prior to the event.

If you require transport, please nominate well in advance.

If you're travelling with someone else, then it is courteous to share travel costs as per the car-pooling payment guideline.

WALK TYPE GUIDELINE:

MO	Members Only	TW	Through Walk or Car Shuttle	4WD	4 Wheel Drive
DW	Day Walk	ON	Overnighter	SOC	Social
HW	Half Day Walk	NF	No Facilities – Water, Showers or Toilets	TRN	Training
BC	Base Camp	XT	Extended trip		

WALK GRADING GUIDELINE:

Fitness		Distance		Terrain	
E	Easy – Suitable for beginners.	A	Less than 5kms	1	Graded Track Trail
M	Moderate – Reasonable fitness level.	B	5 to 10kms	2	Cross Country Off Track
H	Hard – High fitness level only.	C	10 to 15kms	3	Not Pre-Walked
		L	15 to 20kms	4	Minor Scrub
Altitude Sections		X	20kms and over	5	Medium to Heavy Vegetation
ALT	Approximate change in height			6	Creeks Rock Hopping
				7	Steep Scrambles

CAR POOLING PAYMENT GUIDELINE:

The values were adopted as being fair and equitable, however, that remains at the discretion of the driver.

0 – 20kms	\$5.00
20 – 50kms	\$10.00
50 – 100kms	\$15.00
100 – 200kms	\$25.00
200 – 250kms	\$30.00
250 – 300kms	\$35.00

DETAILED WALKS SCHEDULE – September to December 2023

Day & Date: Sunday 3rd September 2023

Walk Name: To Be Announced

Walk Type & Grading:

Walk Leader & Contact #:

Walk Activity Summary:

Day & Date: Sunday 10th September 2023

Walk Name: Mt Sleipner

Walk Type & Grading: D/W, H, B, 2, 4, 5, 7 and Alt 605m.

Walk Leader & Contact #: Cheryl Gargan 0477 156 656 or zilziebeach@bigpond.com

Walk Activity Summary: Greer Burgess and I will co-lead this walk/ climb up one of the more significant hills in the Beserkers. Hopefully, the vegetation will allow us to take in some great rural and coastal views along the way. This is a challenging walk for members who enjoy off track walking- and don't mind heights.

Day & Date: Sunday 17th September 2023

Walk Name: To Be Announced

Walk Type & Grading:

Walk Leader & Contact #:

Walk Activity Summary:

Day & Date: Sunday 24th September 2023

Walk Name: To Be Announced

Walk Type & Grading:

Walk Leader & Contact #:

Walk Activity Summary:

Day & Date: Friday 29th September- Sunday 1st October 2023

Walk Name: Kalpowar Campout: Tunnels & Rail Trail

Walk Type & Grading: O/N, E, B, 1

Walk Leader & Contact #: Cheryl Gargan 0477 156 656 or zilziebeach@bigpond.com

Walk Activity Summary: This completed section of the Boyne Burnett Inland Rail Trail provides us with the opportunity to explore the six tunnels accessed from Barrimoon Siding and to wander further down the track to Golembil. (It will be an opportunity for the cyclists amongst us to try out the trail.) We will camp close by at the Kalpowar Forest Reserve Campsite. Contact Cheryl for further details or to nominate for this trip.

Day & Date: Friday 6th- Sunday 8th October 2023
Walk Name: Agnes Waters/ 1770
Walk Type & Grading: MO, E/M
Walk Leader & Contact #: Anna 0408 218 423 or annamainey@hotmail.com

Walk Activity Summary: A members-only weekend of beach and trail walks, along with surf swimming. Reasonable fitness is required, as there will be sand walking. Opportunity for a trip on the LARC. A nice weekend for those who haven't been before, and even for those who have!

Day & Date: Sunday 15th October 2023
Walk Name: Mystery Walk
Walk Type & Grading:
Walk Leader & Contact #: Kevin 0487 655 892

Walk Activity Summary:

Day & Date: Sunday 22nd October 2023
Walk Name: Emu Park, Zilzie
Walk Type & Grading: H/W, E/M, B, 1, 4 and Alt 90m.
Walk Leader & Contact #: Rita Davidson 0437 189 245 or parrotsnest@gmail.com

Walk Activity Summary: A circuit walk from Kerr Park carpark (near the Pine Beach Hotel), along Keppel Street/ Richard Street to the path heading south along Hartley to Zilzie, through the Reserve at Seaspray and the old track to Cocoonut Point back on the beach. Musker's Beach, Zilzie Beach over the headland to Shelley's and Main Beach carpark. Approximately 3 hours walk, 8 klms. Bring morning tea. There are places for lunch on Granville Street and around the town centre. Also bring your swimmers to cool down after the walk.

Day & Date: Sunday 29th October 2023
Walk Name: Kemp Hill Moonrise
Walk Type & Grading: E, A, 1
Walk Leader & Contact #: Greer

Walk Activity Summary: This will be a short evening walk to the top of Kemp Hill before sunset to watch the full moon rise over the ocean. Bring some dinner/ snacks/ drinks for a pleasant amble and social chat. Those who might enjoy a longer beach walk will find a few options by parking closer towards the Rosslyn Bay end of Kemp Beach.

Day & Date: Sunday 5th November 2023
Walk Name: Frenchman's Creek Parks & Paths
Walk Type & Grading: H/W, E, B, 1
Walk Leader & Contact #: Pauline 0448 822 241

Walk Activity Summary: A good walk for the heat of summer. Begin at the intersection of Pilbeam Drive and Frenchville Road, walk the Frenchville Road walking track, then follow several parks bordering Frenchman's Creek along to Kalka Shades sports fields. All in dappled shade.

Day & Date: Sunday 12th November 2023
Walk Name: General Committee Meeting
Walk Type & Grading: SOC
Walk Leader & Contact #: Kevin 0487 655 892

Day & Date: Sunday 19th November 2023
Walk Name: Keppel Sands: Beach, Bush & Bitumen
Walk Type & Grading: H/W, B, 1, 2, 4
Walk Leader & Contact #: Cheryl Gargan 0477 156 656 or zilziebeach@bigpond.com

Walk Activity Summary: This will be a pleasant afternoon's walk taking in both the Keppel Sands foreshore and a headland track before returning to the start point via the Esplanade. Meet up for a picnic lunch beforehand. Contact Cheryl to nominate.

Day & Date: Sunday 26th November 2023
Walk Name: Kershaw Gardens
Walk Type & Grading: E, A, SOC
Walk Leader & Contact #: Barb 0419 769 899 or ynot69899@gmail.com

Walk Activity Summary: This will be an easy social walk. We will be starting at the picnic areas off Moore's Creek/ Bruce Highway and head up to the waterfall, around to the rainforest area/ log hut and return to the picnic areas for morning tea. Please bring your own drinks and a plate to share.

Day & Date: Sunday 3rd December 2023
Activity Summary: Christmas Breakup

Mt Dovecot off Razorback Rd via Kabra – 25/06/2023



Crocodile Creek at Bouldercombe – 30/07/2023

