



Club's website: <http://capricornia.bwq.org.au/>

No: 149

## NEWSLETTER

August, 2020



*Mount Pomona, August 2019*

**President**

Pauline Toop 4926 1131

**Secretary**

Anna Mainey 0408 218 423

**Treasurer**

Megan Grieve

**Management Committee Members**

John Rideout, Ian Herbert, Rita Davidson

Alistair Graham, Karen O'Brien

**Safety & Training**

John Rideout

**Newsletter**

Greer Burgess

See last page for Schedule of Walks to DECEMBER 2020 at a Glance

**\*\*The club now has TWO Personal Locator Beacons.**

**Look on Page 6 for the CONTACTS for these PLBs.**

**LIKE us on FACEBOOK!** <https://www.facebook.com/capricorniabushwalkers/>

## PROGRAM DETAILS

Closing date for nominations for walks and social events is normally at least **5 days** prior to the event. If you require transport please nominate well in advance. If travelling with someone else, it is courteous to pay your share of travel costs – suggested cost 10 c/km. Some walks may have a limit on numbers.

### WALK LEGEND

**MO = Members Only**

<b>D/W</b>	Day Walk	<b>T/W</b>	Through Walk or Car Shuttle required	<b>O/N</b>	Overnighter
<b>H/W</b>	Half-day Walk	<b>4WD</b>	Access by 4WD only	<b>X/T</b>	Extended Trip
<b>B/C</b>	Base Camp	<b>N/F</b>	No Facilities – no water, showers or toilets	<b>SOC</b>	Social

### WALK GRADING

Fitness		Distance		Terrain	
<b>E</b>	Easy, suitable for beginners	<b>A</b>	Less than 5 km	<b>1</b>	Trail/Graded Track
<b>M</b>	Moderate, reasonable fitness required	<b>B</b>	5 to 10 km	<b>2</b>	Off-track/Cross-Country
<b>H</b>	Hard, very fit walkers only	<b>C</b>	10 to 15 km	<b>3</b>	Not pre-walked
		<b>L</b>	15 to 20 km	<b>4</b>	Minor scrub
		<b>X</b>	Over 20 km	<b>5</b>	Medium or Heavy Vegetation
<b>Total Uphill Sections</b>				<b>6</b>	Creeks/Rock Hopping
<b>ALT</b>	Approx change in height			<b>7</b>	Steep Scrambles

**Date: 2 August**

**Type: D/W, M/H, B, 2, 4 Alt 300m**

**Mt Kilner, Thompsons Point**

**Contact John & Barbara 4808 2488**

#### Description

Climb to Mt Kilner behind Thomsons Point for views out to the islands and the Toonooba/Fitzroy River delta. Exact walk will depend on the vegetation on the day

**Date: 9 August**

**Type: H/W, M, A,2,4,6, Alt 200m**

**Dry Stony Creek (Nurim/Mt Archer)**

**Contact Pauline 49261131**

**0448822241**

**[paulinetoop@internode.on.net](mailto:paulinetoop@internode.on.net)**

#### Description

This is a walk up a relatively unknown creek up Nurim/Mt Archer. We walk/rock-hop up the creek as far as we want to go, then amble back down again. Moderate fitness required

**Date: 16 August**

**Type: Meeting**

**Annual General Meeting**

**Contact Pauline 49261131**

**0448822241**

**[paulinetoop@internode.on.net](mailto:paulinetoop@internode.on.net)**

#### Description

The annual general meeting sees the election of office bearers for the coming year, along with management committee members, safety & training officer and newsletter editor. Come along and have your say. The meeting will be held in the Rose Garden Gazebo near the CCC Hut, due to Covid 19 social distancing requirements. Contact Pauline for details.

**Date: 23 August**  
**Type: H/W, E/M, B, 1, 2**

**Keppel Sands**  
**Contact Rita 0437 189 245**  
[ritalucille@hotmail.com](mailto:ritalucille@hotmail.com)

### **Description**

This is a half day morning circuit walk, setting off from the southern end of Keppel Sands, near Beryl Hick Park. We head around the Coast Guard outcrop then back across the beach on a lower tide to the northern headland on Cawarral Creek, up to the Lookout and down onto the beachfront road back to the cars. Bring morning tea/snack. Option for lunch/snack at The Ko-op or The Pub.

**Date: 30 August**  
**Type: H/W, M, A,1,4,5,6,7 Alt 300m**

**Bloxsom Street Peak Loop**  
**Contact Pauline 49261131**  
**0448822241**  
[paulinetoop@internode.on.net](mailto:paulinetoop@internode.on.net)

### **Description**

This walk starts in Enid O'Toole Park, on Rockonia Road, climbs a small hill just for exercise, then up another hill, and up a final hill to the top of a peak behind Bloxom Street. We go back again almost the same way but via Ken Baker Park. It's a short but good work-out following mainly fire tracks before the climb up the mountain.

**Date: 6 September**  
**Type: H/W, E/M, B, 1, 2**

**Emu Park**  
**Contact Rita 0437 189 245**  
[ritalucille@hotmail.com](mailto:ritalucille@hotmail.com)

### **Description**

We will start our walk from Fishermans Beach, go on to Tanby Point, past The Haven, up to the reservoir, great 360 deg. views and down the street along side the airstrip. Then continue on to Main Beach up to the Singing Ship and back to the cars. Approx. 2 ½ to 3 hr walk, bring morning tea/snack or coffee/lunch from one of the eateries in the main street.

**Date: 13 September**  
**Type: H/W, E/M, B,1,2,4,5**

**Boots in the Berserkers: Birkbeck and beyond**  
**Nurim/Mt Archer Medley**  
**Contact Cheryl 0477 156 656**  
[zilziebeach@bigpond.com](mailto:zilziebeach@bigpond.com)

### **Description**

Firstly, in this medley of three shorter walks, we will follow a well trodden path from the Saddle on Pilbeam Drive up to Mt Birbeck where we can enjoy some great views over Rockhampton and the Capricorn Coast before returning to the Saddle and walking up to the start of the Elida Loop walk and completing a section of that loop before continuing on to the picnic area atop Mt Archer. There we'll have a great opportunity to view the latest upgrades around the Treetop Walk before heading out along the Fern Tree Lookout track prior to returning to our vehicles via Pilbeam Drive.

**Date: 20 September**  
**Type: H/W, M, B, 1 Alt 200m**

**Byfield Towers**  
**Contact John & Barbara 4808 2488**

### **Description**

Walk to the towers overlooking Upper Stoney for morning tea, via the service road

**Date: 27 September**  
**Type: H/W, N/F, M, A, 2, 4, 7**

**Baga (formerly Mt Jim Crow)**  
**Contact Anna 0408 218 423**  
[annamaineey@hotmail.com](mailto:annamaineey@hotmail.com)

### **Description**

This is a sharp steep climb through the pine trees to the top. At the summit, wonderful views of the surrounding volcanic plugs can be seen, along with views towards Yeppoon and Keppel Bay.

**Date: 30 September – October 12**  
**Type: MO, XT, H, 1, 2, 5, 6, 7**

**Great North Walk (NSW)**  
**Contact Ian & Cathy 49 336 495**

### **Description**

Club members are completing the Great North Walk, a 260 km combination of trails that runs from Sydney to Newcastle. Please contact Ian and Cathy for details.

**Date: 4 October (Queens Birthday weekend)**  
**Type:**

**No walks scheduled**

### **Description**

Feel free to add a suggestion, new leaders welcome. Contact Pauline if interested.

**Date: 11 October**  
**Type: H/W, E/M, B, 2, 4**

**Lesas Hill (The Caves)**  
**Contact Anna 0408 218 423**  
[annamaineey@hotmail.com](mailto:annamaineey@hotmail.com)

### **Description**

This walk is up a not-too-steep rocky hill, crossing several dry creek beds. Though we pass through minor scrub, the summit is clear, giving us a good view to the coast.

**Date: 17-18 October**  
**Type: BC, XT, E**

**Curtis Island Camping**  
**Contact: Anna 0408 218 423**  
[annamaineey@hotmail.com](mailto:annamaineey@hotmail.com)

### **Description**

Take the Curtis Ferry from Gladstone across to South End. The plan is to walk to Turtle St for an overnight camp, before returning. Perhaps make a long weekend out of it. More details closer to the date.

**Date: 25 October**  
**Type: H/W, A, 2, 4, 6, 7, Alt 100m**

**Limetone Ridge Mt Etna NP**  
**Contact: Pauline 49261131**  
**0448822241**  
[paulinetoop@internode.on.net](mailto:paulinetoop@internode.on.net)

### **Description**

We have not explored the area around Johannsens Cave for a few years. Time to give this a go. We will walk over the jagged limestone to a sort of lost world up there then return to our starting point. Learn about the botany, zoology, geology, and history of this special ecosystem.

**Date: 1 November**  
**Type: H/W, M, B,1**

**Mt Morgan Dam**  
**Contact: Glyn 49275972**

**Description**

We will be walking around Mt Morgan Dam which also includes the two creeks that flow into it. New walking tracks are being built around the dam and this will be a good opportunity to see what improvements have been made. A half day walk of approx. 8 kilometres with nice views of the water and dam is planned. Come along and enjoy.

**Date: 8 November**  
**Type: Meeting**

**General Meeting**  
**Contact: Pauline 49261131**  
**0448822241**  
[paulinetoop@internode.on.net](mailto:paulinetoop@internode.on.net)

**Description**

The general meeting sees the walk schedule for the next few months organised, along with finalising plans for the Christmas function. Come along and have your say. New leaders/ leaders in training welcome.

**Date: 15 November**  
**Type: H/W, E, B, 1**

**Girt Island**  
**Contact Cheryl 0477 156 656**  
[zilziebeach@bigpond.com](mailto:zilziebeach@bigpond.com)

**Description**

Very few of us get to walk to an island. The afternoon low tide allows us to head out on our favourite offshore walk to Girt Island from Keppel Sands perhaps meeting for lunch beforehand.

**Date: 22 November**  
**Type: H/W, E, B,1**

**Cyril Connor Fields**  
**Contact Cheryl 0477 156 656**  
[zilziebeach@bigpond.com](mailto:zilziebeach@bigpond.com)

**Description**

Commencing from Queen's Park near the Alexandra railway bridge, we'll take a wander along the cycle paths and quieter roads beside the Fitzroy River heading towards the Cyril Connell fields and beyond. From there we can get a very close look at the river and Rocky's very own South Bank. It should be a pleasant walk for the warmer climes.

**Date: 29 November**  
**Type: Social**

**Christmas Break Up**  
**Contact Cheryl 0477 156 656**  
[zilziebeach@bigpond.com](mailto:zilziebeach@bigpond.com)

**Description**

We will meet in Kershaw Gardens for an afternoon celebration in the spirit of the season.

**WANTED: SUGGESTIONS FOR AUSTRALIA DAY LONG WEEKEND!**

Do you have a favourite spot in mind? Are you able to organise a club getaway for the weekend? If so, we'd love to hear from you.

*A reminder for walk leaders – please send details of your proposed walks to [rayngreer@bigpond.com](mailto:rayngreer@bigpond.com) within a fortnight of the meeting to allow smooth production of the newsletter. An email will suffice, including details as per walk legend and a brief description. Thank you*

## ITEMS OF NOTE

- ❖ The Club now has **TWO PLBs (Personal Locator Beacons)** for emergency use on any bushwalk. One will be located in Rockhampton and the other at the Capricorn Coast. Walk leaders may arrange for collection of the PLB from:

- ❖
 

<b>Pauline Toop (0448 822 241)</b>	Rockhampton
<b>Cheryl Gargan (0477 156 656)</b>	Capricorn Coast

**Collectors of PLBs** - please **complete the form** when collecting the PLB from Pauline or Cheryl. "Don't leave home without it!"

### FOR ALL WALK LEADERS

**If there is no mobile phone reception or even if you are uncertain if there is mobile reception throughout your walk, take a PLB.**

- ❖ Being a paid-up member of the club provides you with Public Liability and Personal Accident Insurance covers. The limit of Public Liability is \$20,000,000. Personal Accident Insurance only covers members aged 18 to 95 years old, inclusive.
- ❖ The address of the Club's website is <http://capricornia.bwq.org.au/>
- ❖ Please contact the Secretary at [capricornia\\_bushwalkers@yahoo.com.au](mailto:capricornia_bushwalkers@yahoo.com.au) if you –
  - **have changed any of your contact details**
  - want to submit a Leader's Report
- ❖ For Walk Leaders, the Walk Description Form for each Newsletter is also available at <http://capricornia.bwq.org.au/>
- ❖ Please keep sending in Walk Reports for the next Newsletter to [rayngreer@bigpond.com](mailto:rayngreer@bigpond.com) either as an attachment, using Microsoft Word, or in an email, whichever is the easier for you. It would be great to get your story fairly promptly after your walk.
- ❖ Our website - <http://capricornia.bwq.org.au/> has material for beginners and Walk Leaders, previous Newsletters and other useful bushwalking information.
- ❖ Please remember the Club is **subsidising half the cost** of an **Accredited First Aid Course** this financial year. The Management Committee will need to see the **Certificate of Achievement and Receipt** for the Course.

From the Safety & Training Officer  
John Rideout

No mobile signal, but need to make an emergency Triple Zero call? Your phone might still work.

Did you know you may be able to make a Triple Zero (000) call in an emergency, even if you phone doesn't show any reception? Special roaming capabilities of mobile phones when calling 000 mean that when you are out of your service provider's coverage area but are in another carrier's mobile phone network coverage area, then by Australian law, your call will be carried on the other carrier's network.

However, it is important to realise that if no other carriers provide mobile coverage in the area either, you will still not be able to reach the Emergency Call Service via a mobile phone. **A personal location beacon (PLB) should be carried if that is possible.** PLBs are equipped to send a distress signal with location details on a dedicated radio frequency via satellites that communicates with Search and Rescue operators.

If you do not know your exact location, using the Emergency+ smartphone app to call Triple Zero can assist. The app provides you with your GPS co-ordinates which you can tell the emergency call-taker, allowing them to pinpoint your location. The Emergency+ app is available to download free of charge from [emergencyapp.triplezero.gov.au](http://emergencyapp.triplezero.gov.au).

For more information, visit <https://www.acma.gov.au/theACMA/calling-the-emergency-call-service-from-a-mobile-phone--faqs>

*As the walk schedule returns to normal, please remember to send photos and walk reports to [rayngreer@bigpond.com](mailto:rayngreer@bigpond.com) to ensure that there are interesting stories in your newsletter!*

Check us out on Facebook!

<https://www.facebook.com/capricorniabushwalkers/>

Capricornia Bushwalkers Inc. – Membership Application / Renewal	
I wish to apply for / renew my membership (new memberships will be provisional, until approved by the next general meeting)	<input type="checkbox"/> Renewal <input type="checkbox"/> New (Tick one box)
Type of membership	<input type="checkbox"/> Single <input type="checkbox"/> Family (2 Adults + children) <input type="checkbox"/> Life member
Membership fee (for calendar year or part thereof)	<input type="checkbox"/> \$25 single <input type="checkbox"/> \$40 family
<b>Personal Information</b> By law, the club is required to maintain a register of members and their residential addresses. The information collected here is retained by the club secretary for the purposes of club business. The postal or email address you provide here will be used to send your newsletter, and any other club correspondence. The phone numbers will be used in emergencies.	Given Name(s) .....
	Family Name .....
	Residential Address (not PO Box) ..... ..... ..... Postcode .....
	Mailing Address (if different) ..... ..... ..... Postcode .....
<b>Family membership: Please list below the names of all other people to be covered by this membership:</b> ..... ..... ..... .....	<b>Phone: Home</b> ..... <b>Work</b> .....
	<b>Email Address</b> ..... .....

**Insurance:** The Club has Public Liability (up to \$20,000,000) and Personal Accident Insurance covers; further details are available from the Club secretary. The cost of insurance is included in the membership fee.

#### Acknowledgement of Risks and Obligations

**I acknowledge** that when I am participating in any activity of the Capricornia Bushwalkers Inc. I am doing so as a volunteer in all aspects and as such I accept all responsibility for loss of property or bodily injury to me, however it may occur.

**I acknowledge** that my participation in this activity may expose me to hazards and risks that could lead to injury, illness or death or to loss of or damage to my property. In particular when participating in abseiling or above the snowline activities I am aware that I may be exposed to additional hazards and risks.

I will make all reasonable effort to avoid or minimise these risks by;

- only participating in activities within my capabilities,
- carrying food, water and equipment appropriate for the activity, and
- advising the leader if I am taking any medication or have any physical or other limitation that might affect my participation in the activity.

**I acknowledge** that the payment of my membership fee will be deemed as full acceptance and understanding of the above.

**I further agree to observe the Club's Rules and By-laws (copies available on the Club's website).**

Signature(s): ..... Single OR 1 <sup>st</sup> Adult Family member	..... 2 <sup>nd</sup> Adult Family member	Date: ...../...../.....
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Please post your completed membership form, with membership fee, to:  
 Treasurer, Capricornia Bushwalkers Inc., PO Box 1130, Rockhampton, Qld 4700.  
 (To pay direct: BSB 064-710 [C'wealth], Account No 00917137, your family name as reference)

Club's website: <http://capricornia.bwq.org.au/>



### SCHEDULE TO DECEMBER 2020 AT A GLANCE (MO = Members Only)

Days	Dates	Activity	MO	Contact	Phone	Type
<b>August</b>						
Sun	2 <sup>nd</sup>	Mount Kilner, Thompsons Point		John & Barbara	4808 2488	D/W, M/H, B, 2, 4 Alt 300m
Sun	9 <sup>th</sup>	Dry Stony Creek (Nurim/Mt Archer)		Pauline	0448 822 241 <a href="mailto:paulinetoop@internode.on.net">paulinetoop@internode.on.net</a>	H/W, M, A,2,4,6, Alt 200m
Sun	16 <sup>th</sup>	Annual General Meeting		Pauline	0448 822 241 <a href="mailto:paulinetoop@internode.on.net">paulinetoop@internode.on.net</a>	Meeting
Sun	23 <sup>rd</sup>	Keppel Sands		Rita	0437 189 245 <a href="mailto:ritalucille@hotmail.com">ritalucille@hotmail.com</a>	H/W, E/M, B, 1, 2
Sun	30 <sup>th</sup>	Bloxsom Street Peak Loop		Pauline	0448 822 241 <a href="mailto:paulinetoop@internode.on.net">paulinetoop@internode.on.net</a>	H/W, M, A,1,4,5,6,7 Alt 300m
<b>September</b>						
Sun	6 <sup>th</sup>	Emu Park		Rita	0437 189 245 <a href="mailto:ritalucille@hotmail.com">ritalucille@hotmail.com</a>	H/W, E/M, B, 1, 2
Sun	13 <sup>th</sup>	Nurim/Mt Archer Medley		Cheryl	0477 156 656 <a href="mailto:zilziebeach@bigpond.com">zilziebeach@bigpond.com</a>	H/W, E/M, B,1,2,4,5
Sun	20 <sup>th</sup>	Byfield Towers		John & Barbara	4808 2488	H/W, M, B, 1 Alt 200m
Sun	27 <sup>th</sup>	Baga (formerly Mt Jim Crow)		Anna	0408 218 423, <a href="mailto:annamainey@hotmail.com">annamainey@hotmail.com</a>	H/W, N/F, M, A, 2, 4, 7

Club's website: <http://capricornia.bwq.org.au/>

Wed	30 <sup>th</sup>	Great North Walk (NSW)	Yes	Ian & Cathy	4933 6495 <a href="mailto:ian.herbert@bigpond.com">ian.herbert@bigpond.com</a>	MO, XT, H, 1, 2, 5, 6, 7
<b>October</b>						
Sun	4 <sup>th</sup>	No walks scheduled				
Sun	11 <sup>th</sup>	Lesa's Hill (The Caves)		Anna	0408218423, <a href="mailto:annamainey@hotmail.com">annamainey@hotmail.com</a>	H/W, E/M, B, 2, 4
Sat & Sun	17 <sup>th</sup> & 18 <sup>th</sup>	Curtis Island Camping		Anna	0408218423, <a href="mailto:annamainey@hotmail.com">annamainey@hotmail.com</a>	BC, XT, E
Sun	25 <sup>th</sup>	Limestone Ridge (Mt Etna National Park)		Pauline	0448 822 241 <a href="mailto:paulinetoop@internode.on.net">paulinetoop@internode.on.net</a>	H/W, A, 2, 4, 6, 7, Alt 100m
<b>November</b>						
Sun	1st	Mount Morgan Dam		Glyn	4927 5972	H/W, M, B,1
Sun	8 <sup>th</sup>	General Meeting		Pauline	0448 822 241 <a href="mailto:paulinetoop@internode.on.net">paulinetoop@internode.on.net</a>	Meeting
Sun	15 <sup>th</sup>	Girt Island		Cheryl	0477 156 656 <a href="mailto:zilziebeach@bigpond.com">zilziebeach@bigpond.com</a>	H/W, E, B, 1
Sun	22 <sup>nd</sup>	Cyril Connor Fields		Cheryl	0477 156 656 <a href="mailto:zilziebeach@bigpond.com">zilziebeach@bigpond.com</a>	H/W, E, B,1
Sun	29 <sup>th</sup>	Christmas Function		Cheryl	0477 156 656 <a href="mailto:zilziebeach@bigpond.com">zilziebeach@bigpond.com</a>	Social
<b>December</b>						
		Summer Break				